

Gülbeyaz

(Turkey)

Gülbeyaz means “White Rose” and is also a girl’s name. It is from the Black Sea area.

Pronunciation: GYOOL-beh-YAHZ

CD: *Ahmet Lüleci Turkish Dances*, Band 5.

4/4 Meter

Formation: Arms bent from the elbows, forearms touching neighbor’s forearms, hands slightly lower than the elbows. This is known as “Black Sea Position.”

Style: Earthy with knee bends throughout.

Meas

Pattern

INTRODUCTION Four times through the melody. Start with “hey.”

FIGURE 1

- 1 Facing ctr and moving in LOD, step on R to R (ct 1); step on L next to R, lifting R (ct 2); repeat cts 1-2 (cts 3-4).
- 2 Small leap onto R with knees bent and touching (leaving L in place), hands and head move slightly R (ct 1); sway back onto L in place, lifting R beside L ankle, hands return to ctr pos (ct 2); step on R in place, raising L fwd (ct 3); small pump of L ft (ct 4).
- 3 Step on L in place, raising R fwd (ct 1); small pump of R (ct 2); step fwd on R (ct 3); kick L sideways to L side, toe pointing to R, and quickly snap toe to fwd pos (ct 4).
- 4 Step on L in front of R (ct 1); touch R heel beside L (ct 2); step back on R (ct 3); step back on L (ct 4).

FIGURE 2

- 1 Repeat Fig 1, meas 1.
- 2 Repeat Fig 1, meas 2.
- 3 Step on L in place (ct 1); kick R sideways to R side, toe pointing to L and quickly snap toe to fwd pos (ct 2); touch R heel fwd (ct 3); fall with full wt onto R, bending knees and lifting L slightly behind (ct 4).
- 4 Rock back onto L, lifting R slightly fwd (ct 1); fall fwd onto R, lifting L slightly behind (ct 2); step back onto L (ct 3); touch R next to L (ct 4).

Note: In meas 3, cts 3-4 and meas 4, cts 1-2 dancers can do shldr shimmies.

The change from Fig 1 to Fig 2 is called or signaled by the leader on the R end of the line of dancers. The leader can return to Fig 1 if desired.

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