

Gulli

Translation: The one with the rose. Used as a female name.

Pronunciation: Goolle

Music: CD #4, track 10

Formation: Semi-circle, elbows bent, grab fingers, Black sea position.

METER: 4/4

PATTERN

Counts

Introduction; Eight cts of drum beats.

PART 1

FIG. 1A

- 1 Step on R to Rt
- 2 Step on L to Rt, next to R
- 3 Step on R to Rt
- 4 Hold L in place right next to R.
- 5 Step on L to Lt
- 6 Touch R flat next to L

FIG. 1B

- 1-6 Same as Fig 1A
- 7 Step fwd R facing ctr.
- 8 Step in place on L, facing ctr
- 9 Step back on R, facing ctr
- 10 Step in place on L, facing ctr
- 11- 14 repeat cts 7 to 11

PART 2

FIG. 2

- 1 Hop on L diag Rt back
- & Leap on R to Rt
- 2 Leap on L to Rt in front of R, bend knees down slightly
- 3 Jump on both in place
- 4 Hop on R in place
- 5 Hop on R in place, touch L heel in place.
- 6 Hop on L in place, kick R fwd

FIG. 3A

- 1 Step fwd on R heel, facing ctr
- & Quick step on L fwd, facing ctr
- 2 Step fwd on R flat, facing ctr
- 3 Step fwd on L heel, facing ctr
- & Quick step on R fwd, facing ctr
- 4 Step fwd on R heel, facing ctr
- 5 Step fwd on R heel, facing ctr
- & Quick step on L fwd, facing ctr
- 6 Step fwd on R flat, facing ctr

FIG. 3B

- 1 Jump on both in place, knees bent
- 2 Quick jump on both in place, straight knees.
- & Quick jump on both in place, straight knees.
- 3 Jump on both in place, knees bent
- 4 Quick jump on both in place, straight knees.
- & Quick jump on both in place, straight knees.
- 5 Jump on both in place, knees bent
- 6 Hop on R in place and lift L up.

FIG. 3C

- 1 Hop on R back
- & Leap on L back
- 2 Leap on R back
- 3 Hop on R back
- & Leap on L back
- 4 Leap on R back
- 5 Jump on both in place
- 6 Hop on R in place and lift L up

FIG. 3D

Repeat FIG. 3B

FIG. 4

- 1 Step on R to Rt
- 2 Step on L to Rt, crossing R and bending knees down
- 3 Step on R in place
- 4 Lift L up and pump it down
- 5 Step on L in place
- 6 Lift R up and pump it down