

# Gusachok

(Russia)

Gusachok, a couple dance, comes from the research and choreographic work of Tatyana Ustinova. Gusachok could be translated as "goose-dance." Russian peasants of the Smolensk region used to imitate geese in their dancing. The dance was introduced at the Russian Summer Dance Camp 1990 by Olga Zolotova.

Pronunciation: toos-AH-chohk

Cassette: Russian Dances Stockton 1994 2/4 meter

Formation: Couples in a single circle facing LOD (CCW), W in front of ptr. Imitating the wings of a goose, arms are rounded and held behind the body with hands at back of hips, palms up. Throughout the dance, one or both arms are held in this position.

## Meas

## Pattern

4 meas INTRODUCTION No action.

### I. TWO-STEPS IN LOD

1 Beg R, dance 1 two-step (cts 1,&,2) in LOD, turning R side twd LOD on ct 1.

2 Beg L, dance 1 two-step in LOD, turning L side twd LOD on ct 1.

3-16 Repeat meas 1-2 seven times. On meas 16, W continue turning CW on cts &, 2 to end facing ptr.

### II. CIRCLING WITH PARTNER

1-8 With 8 two-steps, circle CW with R side adjacent to ptr. On each two-step beginning with the R ft, thrust R hip twd ptr. On each two-step beginning with the L ft, thrust L hip away from ptr. On meas 8, reform original circle.

### III. TWO-STEP IN LOD

1-16 Repeat Fig I. On meas 16, M face ctr; W move in to face ptr. Touch R palms at about shldr level with elbows bent.

### IV. INTO CENTER AND OUT

1-3 Beg R, walk 6 steps twd ctr (W backing up). Joined hands move down a little on each ct 1 and up a little on each ct &; repeat for cts 2,&.

4 Stepping R, L, change places with ptr (W turn 1/2 CW under joined R hands while changing places). Hands return to palm-to-palm pos.

5-8 Repeat meas 1-4 moving away from ctr (W still backing up).

9-16 Repeat meas 1-8. On meas 16, turn W under to end in original circle, W in front of ptr.

56 meas REPEAT DANCE FROM THE BEGINNING

End Fig IV facing ptr, M facing LOD.

## Gusachok—continued

V. ENDING

- 1-3 Leaning twd ptr and looking R at ptr, front of R shldr adjacent and knees slightly bent, walk 6 steps circling CW once with ptr. End ft together, M facing LOD, W facing ctr.
- 4 M: With ft together, rise on balls of ft, arms spread as if to protect ptr with the wings.  
W: Bend knees and crouch, looking up at ptr.

Presented by Hennie Konnings

Description by Ruth Ruling and Joyce Lissant Ugglá