

GÜVERCİN / UZUN KAVAK

Güvercin and Uzun Kavak are womens dances from eastern Turkey, city of Erzurum and are in Bar style.

MUSIC : Turkish Folkdancing 1992, AL 006

METER : 5/8 and 4/4

FORMATION : Semi circle

PATTERN

INTRODUCTION ; Four 5/8 drum beats.

- FIGURE 1A : Hand are on the hips, palms facing out.
Step on R to diag. fwd Rt with bouncing from toes turn body diag. Rt also (ct 1); Step on L to diag Rt next to R, still facing diag Rt (ct &); Step on R in same position (ct 2); Slide L back to diag Lt, fwd facing diag Lt (ct &).
- FIGURE 1B : Excatly the same as Fig.1A but opposite footwork.
- FIGURE 2 : Footwork is excatly the same as in Fig.1.
Arms (first R then L arm) go up paralel to the ground.
As you face diag Lt, L arm is straight paralel to the ground, palm is facing up, . R arm is making a semi circle over the head and meeting with L hand on the Lt.
As you face diag. Rt do opposite movement.
- FIGURE 3 : Same footwork but facing center. R arm is bent from elbow and pointing the ceiling, L arm is bent from elbow and fingers are touching R elbow.
- FIGURE 4 : Join little fingers, arms up W position;
Step on R to Rt, move arms to the Rt (ct 1); Step on L to Rt, crossing R, move arms to the Lt (ct 2); Step on R to Rt, move arms Rt (ct 3); touch L toe in place, arms come center (ct 4); Step on L in place bend body over, arms go down (ct 5); touch R toe in place, straight body up, arms go up (ct 6).
- TRANSITION from 4th to 5th ; the footwork is same, swing arms down on ct.6
- FIGURE 5 : Step on R to Rt, swing arms back to fwd.(ct 1); Step on L to Rt crossing R, swing arms fwd to back(ct 2) Step on R to Rt, swing arms back to fwd (ct 3); Lift L up and pump it down, bring arms up and right, bent from elbows (ct 4); Step back on L and twist R in the front, move arms to the Lt (ct 5); Step back on R and twist L in the front, move to the Rt (ct 6); Step on L in place, bounce arms up in center (ct 7); Lift R up and pump it down, swing arms down with a little circle (ct 8).