

# GUZULKA

(Ukraine)

**SOURCE:** Guzulka was choreographed by George and Irina Arabagi. Both were lead dancers with "Joc," a professional dance company from Moldavia. They are now living in the Sacramento area and are directors of two Ukrainian dance groups, Sonechko and Kalyna.

**MUSIC:** Special CD arranged by the Arabagis.

**METER:** 4/4

**FORMATION:** Couple dance with the couples in a circle both facing LOD. The W stands in front of the M. The W's thumbs are in imaginary suspenders and the M's hands are clasped behind his back.

**STEPS:** RIDA STEP: In this dance it is done by each couple at the end of the dance. The couples will stand with their partner on the R side. The M's R hand will be on the W's L waist and his L hand will be on the W's R arm. The W will have both arms on the M's shoulders. Both will step R slightly forward in a downward motion (ct. 1); step L forward in an upward motion (ct. 2). The number of RIDA steps will be determined by the amount of music in the specific phrase.

**MEAS.:** **PATTERN:**

8 **INTRODUCTION:** The dancers wait eight measures before starting the dance.

## **FIGURE I: WALKING STEP/STEP HOPS:**

1 WALKING: Both dancers starting walking forward with the R (ct. 1); L (ct. 2); R (ct. 3); L (ct. 4). There will be a corresponding movement of the head during the walk. As the dancer steps R, the head moves slightly to the R side and as the dancer steps L, the head will move slightly to the L.

2 STEP-HOPS: Both dancers step forward on the R (ct. 1); hop on the R (ct. 2); step forward on the L (ct. 3); hop on the L (ct. 4).

3-8 Repeat Meas. 1-2 three more times.

## **FIGURE II: SIDE-TO-SIDE/RUNS:**

1 SIDE-TO-SIDE: Both dancers face the center. Both step R to R (ct. 1); step L next to R (ct. 2); step R to R and slightly twist the R side of the body toward the center of the circle (ct. 3); stamp the L foot next to the R lightly with no weight on the L foot.

2 Repeat Meas. 1 with opposite feet and action to the L.

3 RUNS: Bring arms up parallel to the floor with hand bent up (fingers pointing toward the ceiling). Run R, L, R, L, R, L, R, L, (cts. 1, & 2, & 3, & 4, &). The hands will flutter R and L during the running steps.

4 Repeat Meas 3.

3-8 Repeat Mas. 1-4.

## **FIGURE III: QUICK STEP-HOP STEPS:**

1 QUICK STEP HOPS: Join hands with partner down in "V" position. The step will move LOD. Both dancers step R to R (ct. 1); hop on R (ct. &); step L in LOD (ct. 2); hold (ct. &); step R to R (ct. 3); hop on R (ct. &); step in L LOD (ct. 4); hold (ct. &).

2-3 Repeat Meas. 1

## GUZULKA cont.

- 4 Repeat Meas. 1 cts. 1, & 2, on ct. 3 stamp R to face center and ct. 4 stamp L next to R with no weight. This is in preparation to return to the L.  
5-8 Repeat Meas. 1-2 to the L using opposite feet.

- 1 **FIGURE IV: IN AND OUT:** Both dancers step R heel toward the center (ct. 1); step L in place (ct. 2); step R next to L (ct. 3); step L in place (ct. 4). The hands will move in toward the center as the R foot steps forward and back to place as the R returns to place.  
2 Repeat Meas. 1.  
3 Walk toward the center, step R (ct. 1); step L (ct. 2); step R ct. (3); hop on R raising the L knee up with the L foot close to R leg (ct. 4).  
4 Walk back to place, step L (ct. 1); step R (ct. 2); step L (ct. 3); hop on L raising the R knee up with the R foot close to the L leg (ct. 4).  
5-8 Repeat Meas. 1-4.

### **FIGURE V: RIDA TURNS/QUICK STEP-HOP-STEPS:**

- 1-2 Couple does four RIDA STEPS turning CW.  
3-4 Couple does four QUICK STOP-HOP-STEP turning CW.  
5-8 Repeat Meas. 1-4.

### ENDING:

- 1-2 With hands down in "V" position, starting R do 8 quick stamps toward the center starting with the R accenting the last stamp.

### SEQUENCE OF DANCE:

I, II, III, IV  
I, II, III, IV, V, ENDING

Dance presented by George & Irina Arabagi  
Dance notes by Bruce Mitchell