

GVANIM
Circle Dance

Translation: Shades of Color
Dance: Shlomo Maman
Meter: 4/4
Formation: Circle in a simple hold, face center

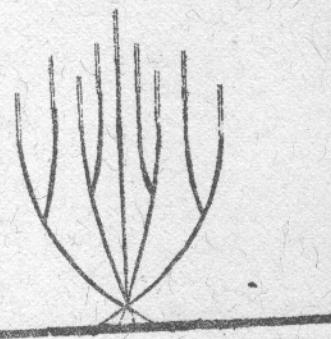


<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part A - (face center)</u>
1	1	Cross R over L
	2	Touch L heel beside R w/sound
	3	Brush L toes fwd. while turning to face LOD
	4	Hold
2	1-4	Slow two-step L fwd.
3-4		Repeat Meas. 1-2, Part A
5	1-3	3 Steps fwd. - R, L, R, toward center
	4	Turn on R 1/2 turn to R, end facing out
6	1	Step L fwd. w/bent knee
	2	Step R back in place
	3-4	Repeat cts. 1-2, Meas. 6, Part A, reverse direction
7-8		Repeat Meas. 5-6, Part A, reverse footwork and direction

		<u>Part B - (face center)</u>
1	1-2	2 Sways R, L
	3	Step R to R, arms extended to side
	4	Cross L over R w/bent knees, arms crossing in front of chest
2	1-4	Repeat cts. 3-4, Meas. 1, Part B, twice more
3	1-3	3 Step turn - R, L, R, to R
	4	Hold
4	1	Step L to L
	2	Cross R over L
	3	Step L to L into a lunge
	4	Hold
5-8		Repeat Meas. 1-4, Part B

Yo'Av Ashriel

BELEV ECHAD
Line Dance



The dance is a debka done flat footed and very Middle Eastern in its style.

Translation: With One Heart
Dance: Yoav Ashriel
Meter: 2/8, each 1/8 is counted as 1 count
Formation: Line in a simple hold

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part A - (face LOD)</u>
1	1-2	Debka step R fwd.
2	1	Step L fwd.
	2	Hold
3	1	Step R fwd.
	2	Stamp L beside R w/bent knee
4	1	Step R fwd.
	2	Hold
5	1	Touch L fwd.
	2	Bend R knee



(contid.)