

GYIMESI CSÁNGÓ VERBUNK

(Gyimes, Transylvania, Rumania)

This Verbunk (Recruiting Dance) belongs to the "Hungarian" layer of dances within the dance repertoire of the Hungarian-speaking Gyimes Csángó ethnic group living in the eastern Carpathian mountains in Rumania.

Source: Ferenc Sára

Recording: Available on tape or Electrocord EPE 02686, Hungaroton SLPX 1813  
Hungaria HRLP 001

Formation: Solo men's dance but performed also by good women dancers using somewhat different steps.

Music: 2/4

Meas Step I

- 1 Step Rft to R (ct 1); place or tap lightly Lft to R and slightly fwd of Rft (ct 2).
- 2 Reverse ftwk of meas. 1
- 3-8 Repeat action of meas. 1-2

Step II

- 1 Step Rft to R (ct 1); step Lft slightly to R (ct &);  
Step Rft to R (ct 2); step Lft slightly to R (ct &).
- 2 Repeat action of cts 1,&,2 of meas. 1 of Step II (cts 1,&,2)  
Hold (ct &)
- 3-4 Reverse action of meas. 1-2 of Step II.
- 5-8 Repeat action of meas 1-4 of Step II.  
During this step turn slightly to L and R to inscribe a slight arc.  
Upper body turns to L when moving to R and to R when moving to L.

Step III

- 1 Jump with both feet about shoulder width apart, knees slightly bent and Rft fwd of Lft and turn to face slightly L of center (ct 1); close feet together and turn to face center (ct 2).
- 2 Repeat action of meas. 1 Step III turning to face R of center with Lft fwd.
- 3-4 Repeat action of meas. 1-2 Step III
- 5-12 Repeat action of meas 1-2 Step III but add a cymbal-like clap on ct. 2 of each meas. (closing feet together).

Step IV

- 1 Jump onto both feet about shoulder width apart and knees bent, clap hands together at waist level (L hand moves downward to meet and then continue down) (ct 1); slap L hand against L inner shin (ct &); slap R hand against R inner shin (ct 2).
- 2-4 Repeat action of meas 1 Step IV.

Step V

- 1 Repeat action of meas 1 of Step IV
- 2 Jump up onto both feet and with them still at shoulder width apart, twist both feet and knees sharply to L (ct 1); bo unce and twist both feet and knees to R (ct &); Jump onto and twist both feet and knees sharply to L (knees bent slightly) (ct 2).
- 3-4 Repeat action of meas 1-2 Step V.

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Meas

Step VI

- 1 With an upward movement, clap hands together at chest level and raise R leg fwd and up (ct 1); slap R hand against R inner shin (knee slightly bent) (ct &); lower R leg slowly and clap hands together twice (cts 2, &).
- 2 Jump onto both feet apart (knees bent) with Rft back and turn to face slightly R of center (ct 1); shift feet (knees remain bent) to face center (ct 2) clap hands together at waist level (ct &);
- 3 Slap L hand against L inner shin (ct 1); Slap R hand against R inner shin (ct &); in bent knee position with upper body bent fwd, chug fwd twice on both feet (cts 2, &).
- 4 Repeat action of meas 1 of Step IV.
- 5 Clap hands together at chest level and raise L leg fwd and up (ct 1); Slap L hand against L raised inner shin (ct &); leap onto Lft in place and slap R hand against fwd raised R inner shin (ct 2).
- 6-8 Repeat action of meas. 5 Step VI.
- 9-16 Repeat action of meas. 1-8 Step VI.

Step VII

- 1 Clap hands together in front of chest and raise Rft out to R side (ct 1); Slap R hand against R outer heel (ct 2)
- 2 Leap onto Rft in place and slap R hand against L inner heel up and behind (ct 1); hop on Rft in place and slap L h and against L outer heel to L side (knees are close together) (ct 2).
- 3 Leap onto Lft in place and slap L hand against R inner heel up and behind (ct 1); hop on Lft in place and slap R hand against R outer heel to R side (ct 2).
- 4-5 Repeat action of meas. 2-3 Step VII
- 6-8 Repeat action of meas. 5-7 of Step III (Jump apart; close together at cymbal clap).

Step VIII

- 1 With feet together, jump up high (legs straight)(ct 1); clap hands together while up in air (ct &); land on both feet and clap hands together at chest level (ct 2).
- 2-4 Repeat action of meas 1 Step VIII
- 5 Jump up and clap hands together (ct 1); Slap both hands against upper thighs while in air (ct &); land and clap hands together (ct 2).
- 6 Hop on Lft in place and slap R hand against R outer heel to R side (ct 1); leap onto Rft in place and slap L hand against L outer heel to L side (ct 2).
- 7 Jump onto both feet with accent (knees slightly bent) (ct 1); raise R ft fwd and up (ct 2).
- 8 Step Rft fwd (ct 1); close Lft to Rft (ct 2).
- 9-11 Repeat action of meas 6-8 Step VIII

Arranged and presented by Stephen Kotansky