

HAHELECH (The Wanderer)

Dance: Moshiko
Music: Folk

FORMATION: Line, face and move CCW. Join hands.

INTRODUCTION

- 1-7. Seven slow steps, start R. On 'AND' of 7, close L to R.
8. Hold.
- 9-11. Three slow steps, start R. On 'AND' of 11, close L to R.
12. Hold
- 13-24. Repeat 1-12.
- 25-26. Bend and stretch knees.
- 27-28. Bend and stretch both knees.

PART ONE

1. R forward.
2. Kick L forward.
3. L forward.
4. Kick R backward.
5. Kick R forward.
6. R bends over L in front.
7. Kick R forward.
8. R forward.
- 9-12. 2 step-hops forward: L & R.
13. Leap L forward.
14. Tap R in place.
15. Hop L forward.
16. R leap forward.
17. L forward.
18. Jump with feet together.

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HAHELECH (cont'd)

page 9

PART TWO

1. Face center. Step-hop on R and travel to R side. (Stamp on step)
2. L crosses in front of R.
- 3-8. Repeat 1-2 three more times.
- 9-12. Repeat 1-4 PART ONE.
13. R forward.
14. Kick L forward.
- 15-16. Step-hop on L in place (release hands) and $\frac{1}{2}$ turn to L side. Face CW. Clap on last count.
- 17-24. Repeat 9-16.

Repeat PART ONE and PART TWO. On last count, jump with feet together, body bends forward, head down and clap.