Halay (Pontic Greek)

SOURCE: Pontic Greek line dance learned from Joe Graziosi

FORMATION: Hands in W position

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METEI	R: 2/4 PATTERN
Meas	
1	Step R to R (ct 1), swing L forward to prepare to step (ct &), step L forward in LOD (ct 2), bend L knee and bring right foot behind L, swing arms down (ct &)
2	Face center, step on R foot back, swing arms up (ct 1), touch L forward with a little weight going onto L (ct 2)

Step L beside R (ct 1), touch R forward with a little weight going onto R (ct 2)