

HAMECHOLELET (The Dancing Girl)

Dance: Moshiko
Music: Neeman

FORMATION: Couples. Girl on man's R, facing CCW. Join inside hands.
Both start with opposite feet, man's steps described.

PART ONE (Hands swing forward and back on step-hops; they are up on runs)

- 1-2. Step-hop L forward.
3. R forward.
4. Hop on R and turn to face partner.
5. Leap on L to L side.
6. Run R backward.
7. Run L sideways.
8. Run R crossing in front of L. (Counts 5-8 are done with knees slightly bent and raised, like prancing steps.)
- 9-32. Repeat 1-8 three more times.

PART TWO (Facing partner)

- 1-3. Yem. L.
4. $\frac{1}{2}$ turn on L to L side. Face CCW.
5. Place R foot in front of L, weight on both, knees straight.
6. Hold.
7. Bend both knees.
8. Straighten L leg (bringing R foot off floor).
- 9-10. Fast Yem. R.
- 11-12. Fast Yem. L.
- 13-14. Close R to L and clap twice on R side of body (near hips). Bend torso away from partner (without twisting), but look at each other.
15. Bend both knees and snap fingers towards partner (body leans away).
16. Hold.
- 17-32. Repeat 1-16.

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