

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
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HAPLIK

(Philippine)

This lively dance is popular in the provinces of Iloilo and Antique. It is named after the step "Haplik", which is also used in some other dances. Haplik was taught by Mary Ann Herman at the 1960 Idyllwild Folk Dance Camp. Correct costume for the woman is patadyong, camisa and a soft panuelo over one shoulder; for the man, barong tagalog and white trousers. (See PHILIPPINE FOLK DANCES, Vol. II, by Francisca Reyes Aquino.)

- MUSIC:** Record: Mico MX-423 - "Haplik"; Philippine Folk Dances. Vol. I, TM 006, Side I, Band 4, Haplik; Folk Dancer MH 2023-a (M8-OB-5859).
Piano: "Philippine Folk Dances", Vol. II - Francisca Reyes Aquino, Manila, Philippines, 1953.
- FORMATION:** 2 cpls in a set, ptrs facing each other about 6 ft apart. M and W stand alternately. Sets scattered about the floor. Throughout the dance, W free hands hold skirt; M hands at waist.
- STEPS AND STYLING:** Change Step (Two-step), Rocking Step, Contra-gansa (Pas de Basque), Haplik Step.
- Contra-gansa: Leap swd to R with R (ct 1); step L across in front of R (ct &); step R ft in place (ct 2). Next step begins with L to L. This is a sideward step.
- Haplik Step: (8 meas)
- Meas 1: Step fwd R, L (cts 1, 2);
Meas 2: Hop on L, raising R knee in front and swinging R ft bwd diag L (ct 1), hop again on L and swing R ft daig fwd R (ct 2);
Meas 3: Turn once CW in place with 3 steps, RLR (cts 1, &, 2);
Meas 4: Hop on R, raising L knee in front and swinging L ft bwd diag R (ct 1), hop again on R and swing L ft diag fwd L (ct 2);
Meas 5: Turn once CCW in place with 3 steps, LRL (cts 1, &, 2);
Meas 6: Hop on L and swing R ft as in meas 2;
Meas 7: Step bwd R, L (cts 1, 2);
Meas 8: Close R beside L (ct 1), hold (ct 2).
- Rocking Step (Cut step): Cut L bwd with the R ft, bending trunk slightly fwd (ct 1); cut R fwd with the L ft, trunk erect (ct 2). Step may also begin cutting R bwd.

MUSIC 2/4

PATTERN

Measures

Up-beat

INTRODUCTION

I. CONTRA-GANSA (Pas De Basque)

- A 1-2 W: Contra-gansa to R and to L.
3 Dance 1 change-step fwd, beginning R.
4 Tap L near R (ct 1), tap L in front (ct &), pause (cts 2, &).
5-6 Repeat action of meas 1-2, beginning L.
7 Dance 1 change-step, beginning L and moving bwd to place.
8 Repeat action of meas 4, tapping R ft.
- M: Remain in place and while W are dancing, clap as follows:
Meas 1-3 clap on cts 1, &, 2 of each meas.
Meas 4 clap on cts 1, &; pause (cts 2 &).

HAPLIK (Concluded)

(Cue: QQS QQS QQS QQ)

Meas 5-8 M repeat clapping action of meas 1-4.

1-8
(repeated) Repeat action of meas 1-8, with M dancing while W remain in place and clap.

II. ROCKING STEP (Cut Step)

B 9-10 W: Dance 1 cut step, cutting L bwd (cts 1, 2), and three steps in place, RLR (cts 1, &, 2).

11-12 Repeat action of meas 9-10, cutting R bwd.

13-16 Repeat action of meas 9-12.

M: While W dance Rocking (Cut) Step, M remain in place and clap as follows: Meas 9, Clap on cts 1, 2; Meas 10, clap on cts 1, &, 2.
(Cue: SS QQS)

Meas 11-16 M repeat clapping of meas 9-10 three more times.

9-16
(repeated) Repeat action of meas 9-16, with M dancing Rocking Step (Cut Step) and W clapping.

III. HAPLIK STEP

C 17-24 All face ctr of the set. W dance one Haplik step while M stands in place and claps thusly:

Meas 17-18 - Clap four times (cts 1, 2; 1, 2).

Meas 19 - Clap three times (cts 1, &, 2).

Meas 20 - Clap twice (cts 1, 2).

Meas 21 - Clap three times (cts 1, &, 2).

Meas 22-23 - Clap four times (cts 1, 2; 1, 2).

Meas 24 - Clap once (ct 1), hold (ct 2).

(Cue: SS SS QQS SS QQS SS SS S)

17-24
(repeated) Repeat action of meas 17-24, with M dancing Haplik step and W stand in place and clap.

48 meas With ptrs dancing at the same time (no clapping) repeat action of Fig I, twice; Fig II, twice; Fig III, twice. On the 2nd repetition of Fig III, dance the two steps in place instead of moving bwd to place, and omit the last meas.

Finale SALUDO

25-27 W turn CW under ptrs raised joined R hands, taking small steps on cts 1, &, 2, & of each meas.

28 Bow to ptr.