

HAVA NAGILLA ("Come Let Us Be ~~Gay~~")
(Israeli) JOYFUL

"Hava Nagilla" is a traditional Hora melody. Recently this couple dance has been created to the melody.

Record: Folkraft 1110-B

Formation: Partners face each other and grasp both hands, standing closely together.

PART 1

- Phrase 1 Each takes 4 small steps bwd away from partner but retaining hand hold, bending body gradually.
- 2 Straightening up, dancers take 4 running steps circling L (CW), still holding hands.
- 3-4 Repeat phrases 1 & 2.
- (Rpt) 1-3 Repeat phrases 1-3.
- 4 Partners face same direction (W on R) & join hands crossed behind their backs.

PART 2

- Phrase 5 Both leap fwd onto RF, bending body fwd; then step back in place on LF; step bwd with RF straightening body; step in place on LF.
- 6 Repeat phrase 5.
- 7 Release LH and W (or partner on R side) makes R turn in place to face partner & join crossed hands (RH above LH).
- 8 M turns R under bridge made by crossed hands.
- (Rpt) 5 Partners facing, crossed arms joined, both balance twd front of room (or twd M's L) and then twd rear of room.
- 6 Repeat phrase 5.
- 7-8 Partners hook R elbows & take 8 running steps around CW.

PART 3

- Phrase 9 Partners facing, feet apart, each claps hands to R side, bending low to R, then claps to L side, bending low to L.
- 10 Each claps hands low in front, then lifts both hands gradually in 3 consecutive upward gestures until hands are high and outspread.
- 11 Each places hands on hips & jumps on both feet, then hops 3 times in place on RF, extending LF fwd.
- 12 Each jumps on both feet, then hops 3 times on LF, extend. RF.
- (Rpt) 11-12 Repeat phrases 11 & 12.
- 13 Each jumps on both feet, then hops 3 times on RF, making a complete R turn in place.
- 14 Each jumps on both feet, then hops 3 times on LF, making a complete L turn in place.

Repeat the dance from the beginning.