

HAVA NAGILLA

(Israeli)

"Hava Nagilla" is a traditional melody of East European origin. The Hora has been and still is being danced to this melody. The couple dance described below has recently been created and is very popular with the youth of Israel, especially those who live in the farm communities.

SOURCE: New Israeli Dances by Dvora Lapson and Gert Kaufman ^{GURIT KADMAN}
Published by Jewish Education Committee of New York.

MUSIC: Record: Folkraft F 1110-B "Hava Nagilla."

FORMATION: With M L shoulder twd. head of hall, partners face each other, standing close with both hands joined at approximately shoulder height, elbows bent and held close to the sides.

STEPS: Walk*, Leap*, Hop*, Jump*.

Music (4/4)

PATTERN

Measure	PATTERN
A.	I. Pull Away and Circle.
1	Beginning R, take 4 steps backing away from each other keeping hands joined and gradually bending body to sitting position (4 cts.).
2	Without dropping hands, beginning R, step fwd (partners straighten immediately) so that R hips are adjacent. Hands still at shoulder height, M and W R arm is across partner's chest, L elbows are bent and held horizontally at shoulder level (ct. 1). Move fwd. CW around each other with 3 striding steps (cts. 2, 3, 4).
3-6	Repeat action of meas. 1 and 2 two more times.
7	Repeat action of meas. 1.
8	Beginning R, partners take one step twd. each other (ct. 1). Take 1 step to face head of hall standing side by side (ct. 2). Assume cross back position with W L arm over M R (cts. 3, 4).
B.	II. Leap and Turn, Balance and Circle.
1	Leap fwd. lightly onto R ft. (toe turned out) at the same time bending R knee (ct. 1), step L back to place (ct. 2), step back on R (ct. 3), step L beside R (ct. 4).
2	Repeat action of Fig. II, meas 1.
3	Drop L hands. As M turns one-fourth to R (M steps in place), W, beginning R, makes three-fourths turn to R with 4 steps (R, L, R, L) to face M. On ct. 4 they rejoin hands under the joined R.
4	With 4 steps M makes one complete turn R under joined raised hands (R, L, R, L). (W steps in place).
	Note: Couple is now in original position with M L side twd. head of hall, however, joined hands remain crossed at chest level and arms are extended easily.
5	With hands still joined, balance twd. front of hall and back. Man: Leap lightly to L (ct. 1), step R beside L (ct. 2), step L beside R (ct. 2), hold (ct. 2). Leap lightly to R on R (ct. 3), step L beside R (ct. 2), step R beside L (ct. 4), hold (ct. 2). W does counterpart.
	Note: This is a pas de basque without the cross over.
6	Repeat Fig. II, meas. 5.
7-8	Join R elbows, curve L arm diagonally upward, palms up. Take 8 light walking steps completing one CW turn. Finish facing partner about 3 ft. apart, ft. astride.

(Continued)

HAVA NAGILLA (Continued)

Music (4/4)

PATTERN

C. Measure

III. Clap Hands, Hop.

- 1 With knees bent, clap low to R (ct. 1), hold (ct. 2), transfer wt. to L side, repeat clap low to L (ct. 3), hold (ct. 4).
- 2 Clap low in front, knees bent (ct. 1), straighten body, hands extended outward, palms fwd. with hands at waist level (ct. 2), stretch hands outward at eye level (ct. 3), extended arms fully, diagonally out and up, head thrown back (ct. 4).
- Note: The following words are exclaimed with the above counts: "Uru Achim."
 Meas. 1 (ct. 1, 2) U (oo), (ct. 3) ru (roo).
 Meas. 2 (ct. 1) U (oo), (ct. 2) ru (roo), (ct. 3) A (ah), (ct. 4) chim (kem).
- 3 Placing hands on hips, jump on both ft. (ct. 1), hop on R 3 times (cts. 2, 3, 4), extending L leg diagonally across in front of R.
- 4 Jump on both ft. (ct. 1), hop on L 3 times (cts. 2, 3, 4), extending R leg diagonally across in front of L.
- 5-6 Repeat action of Fig. III, meas. 3, 4.
- 7 Jump on both ft. (ct. 1), turn CW with 3 hops on R ft., trailing L ft., knees slightly bent (cts. 2, 3, 4).
- 8 Repeat action of Fig. III, meas 7 in a CCW direction hopping on L and trailing R.