

Hegi

Basque

Hegi is one of the most popular Jautzi dances, which are Basque line dances formed of simple patterns and called (similarly to the way square dances and contra dances are called). Originally from the Valcarlos area between the basque provinces of Navarre and Basse-Navarre on the French-Spanish border, Hegi is now danced in most basque cities and among American basques.

MUSIC: Westwind Basque LP WI3332 or CD. The calls are recorded with the music.

RHYTHM: 2/4 time. Music is fast - a single slow step or two fast steps take up one measure.

FORMATION: Individuals in a circle. All dances begin towards LOD.

STYLE: Upright but not rigid, arms down & swing naturally. Easy & not forced, but some steps (e.g. Erdizka) can be fairly large. The dancer NEVER turns his back to the center of the circle.

JAUTZI STEPS:

“Pika” Traveling step either direction, 3 measures:
(LOD): Facing LOD, step R(1,2), step L(1,2), step R onto ball of foot, beside or slightly behind L foot (1), step L(2).
For reverse LOD, step is mirror imaged (i.e. opposite direction and footwork.)

“Ebats” Step to reverse direction, 3 measures:
(Starting LOD): step R(1), L starting to turn L (2), step on R facing RLOD & stepping back (1), step back L in LOD (2), R Fwd in LOD (1,2)
If starting Reverse LOD, step is mirror imaged (i.e. opposite directions and footwork.)

“Pika Bietan” Traveling step either direction, 6 measures.
(Equals 2 Pikas in a row, in same direction.)

“Erdizka” Step facing center, done either to R or L, 4 measures.
(to R): Facing ctr, hop to R on L foot, with R foot lifted from knee, crossed slightly in front of L (1), step to R on R foot (2), step to R with L foot going behind R (1,2), step right with R foot, knee slightly bent* (1), small step with L foot to left (2), with R foot across to left in front of L (1,2). NOTE: On first step of third measure, heel of L foot can be brought to instep of R foot to form a “third position”.
To go Left, step is mirror imaged (i.e. opposite directions & footwork).

“Lauetan erdizka” (equals 4 Erdizkas in a row, two in each direction) 16 measures.

“Jautzi” Traveling step to R, knees slightly bent, 4 measures:
Facing LOD or slightly right of LOD step R (1), Step L with L instep behind R heel to form “third position” (2), step R (1,2). Measures 3 & 4: Repeat Measures 1&2 in same direction with opposite footwork, facing slightly left of LOD.

“Dobla” Equivalent of “Jautze” in RLOD (opposite directions & footwork).

“Antretxata ta fini” Done once at end of a dance. 4 measures

Facing center knees slightly bent, leap left onto L foot, bringing R heel to instep of L foot for 3rd position (1,2), leap right onto R foot, bringing L heel to instep of R foot for 3rd position (1,2), leap left onto L foot, bringing R heel to instep of L foot for 3rd position (1,2), prepare to jump (1,2), Jump in place as high as possible, toes pointed, execute “beats” if possible, land in 3rd position.

SEQUENCE:

Measures 1-12:

Pika in LOD

Ebats changing to face RLOD

Pika in RLOD

Ebats changing to face LOD

Measures 13-24: Repeat Measures 1-12

Measures 25-42:

Pika Bieta in LOD

Ebats changing to face RLOD

Pika Bieta in RLOD

Ebats changing to face LOD

Measures 43-60: Repeat Measures 25-42

Measures 61-76: Lauetan Erdizka, starting to R

Measures 77-84:

Jautze

Erdizka

Measures 85-92

Dobla

Erdizka

Measures 93-108: Repeat measures 77-92

Measures 109-216: Repeat measures 1-108 (i.e., repeat from beginning of dance)

Measures 209-212: Antretxata ta fini

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