

# Black Forest

(China)

Introduced by Alison Snow in Albuquerque about 1980.

Meter: Four beats per measure, and six beats per measure, as noted  
Formation: Line, hands joined down, facing LOD  
Steps/Style: Relaxed, deliberate, small movements. Assume one beat per step  
unless otherwise indicated; S=1 beat; Q= 1/2 beat

## Meas

## Pattern

4 beats/meas

1-6 Introduction

6 beats/meas

- 1 Facing and moving in LOD: r, l, r, l touch behind r, step l in place, touch r in front of l
- 2 Repeat measure 1 for a total of two times  
Note: as you touch back and forward with l then r, lean slightly back then forward with the touches.
- 3 Beats 1 & 2: Turning to face center, step LOD sideways with r turning to left of center as you do so. Close with l, taking weight and turning to face center or just right of center.  
Hands: (Letting go of hands) Flick fingers opening hands outward, face level, and diagonally left, as if you were trying to flick water of your hands. Bring hands to diagonal right, palms toward face, face level.  
Beats 3-6: repeat beats 1 & 2 twice

Four beats/measure

- 4 Repeat previous measure, beats 1 & 2 twice, total of two times in this measure (total of five times altogether in meas 3 & 4).
- 5 Beats 1 & 2: Fall on r, facing slightly r of center, at the same time bring arms down, arms straight and apart, palms facing, as if you were about to clap. Then touch l heel in front of r as you clap your hands together. Beats 3 & 4: same figure but

opposite footwork and direction as in beats 1&2

24

Black Forest – page 2 of 2

- 6                    Beats 1 & 2: fall back on r with bent knee; at the same time touch l heel straight forward and bring arms down and straight and out away from sides of body with palms forward. Hold.  
Beats 3 & 4: Feet: step l, r, l, in (QQS) in place. Hands and arms: akimbo , fists at waist Bas if you were scolding someone.
- 7                    Grapevine (feet): facing center, r in LOD, l behind r, r sideways, l across r in front. Note: Hands and body push very slightly forward and down on first two beats, then pull back and up on second two beats, again very slightly.
- 8-10                Repeat meas 7 three more times, total of four times.
- 11                    Bring hands to AW@ hold; facing center step r to r, close l, r to r, close l. Turn very slightly to left of center, then to right of center on beats 1&2, and again on beats 3&4.
- 12                    Repeat meas 11. Hands are down to start dance again.

Dance goes thru 4-5 times; on last two beats last time thru, step r, l, r (QQS) for ending.

Notes by Gary Diggs

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