HEIN YERUNAN

DANCE: Leah Bergstein MUSIC: Shelem

Formation: Line, face CW, join hands.

PART ONE

Count 1 : R fwd

2 : L bwd

3 : R taps behind L

: Hold

5-8 : 4 running steps in place from side to side RLRL

9-16 : Repeat 1-8.

PART TWO

Count 1 : Run 2 steps fwd RL

2 : Run R fwd

3 : Jump on both feet (Debka) turn knees to right side

4 : Hop on L (knees CW)

5-16 : Repeat 1-4 three more times. On last beat, hop on R

and face center.

PART THREE

Count 1 : L brushes in front of R (circular movement)

2 : Leap on L to left side

3 : Stamp R in front of L

4 : Hold

5-8 : Repeat

9-12 : 4 running steps in place from side to side (if possible

tap after each run with free foot) LRLR

13 : L brushes in front of R (circular movement)

14 : Hop on R

15 .: L taps behind R

16 : Hold

19-24: Repeat 9-16

On last beat shift weight on L and face CW in order to be able

to start the dance.