

Danish

SONDERBORG DOUBLE QUADRILLE

RECORD: TANZ EP 58402

FORMATION: Two lines - 4 couples in each line or 2 couples in each line

ACTION:

- 1 Circle 16 counts left and back to right 16 counts (top 4 couples in one circle - bottom 4 in another, hands joined)
- 2 Top two (sometimes 5) people join right hands with person opposite and promenade down center 8 counts and back (8 counts). Bottom two or four persons do the same.
3. Right and left through with opposite couple (taking hands) and back 16 counts
- 4 Circle 4 hands with opposite couple - 16 counts to left.
5. Polka with partner around opposite couple twice and a half, ending in other couples position facing a new line:

German

HETLINGER BANDRITER

PIANO MUSIC

Not an old folk dance but rather in the same age of composition as Rosentur, Kreuz Konig, and others which are so popularly danced by North German groups today, the music is from the Luneberger Heide.

FORMATION (Though originally intended for 4 couples this is now done with two or three times as many couples in the circle) Couples in single circle, hands joined.

Figure 1.

- Meas. 1-2 Hop on L foot, swinging R over, the same on the R foot.
Meas. 3-4 Gallop to the L (4 sliding steps) Meas 5..8, Repeat to left as Meas 1-4
Meas. 1-8 Repeat all of above starting on R foot.

Chorus Partners drop hands and turn toward each other

- Meas. 9-10 Each takes two slow sliding steps to the R (step close, step close) (girls moving toward center, boys toward outside wall)
Meas.11-12 Repeat, toward each other, starting on L foot.
Meas.13-14 Joining two hands, step on L foot, swinging R over, then the same on opposite foot.
Meas.15-16 Four walking steps CW changing places.
Meas. 9-16 Repeat, ending in original position, all facing center.

Grapevine step:

- Meas. 17-18 Couples with inside hands joined, beginning with L foot, step L, place R foot slightly behind, step L and swing R foot slightly over L.
Meas. 19-20 Repeat beginning R.
Meas. 21-22 One more grapevine step beginning L.
Meas. 23-24 Couple, without letting go hands turn half around so that backs are to center of circle.

HETLINGER BANDRITER (cont'd)

Meas. 17-24 Repeat whole grapevine step as before, starting left, and ending
Repeated all facing the center. (turn ccw)

Figure 2. Girls circle as in Figure 1. Sometimes this is done with girls facing out, but in larger circles it is easier for girls to face in.

Repeat whole chorus

Figure 3: Girls go with one movement to center; facing out, linking elbows with hands clasped. Boys do same step as in Figure I but with hands on each others shoulders

Repeat whole chorus

Finish dance by repeating Figure 1 all together.

German LAUTERBACHER (HAMLINER WALTZER)

Many of us are familiar with the Swiss Lauterbacher which was introduced to us by the Witschis. This is why this lovely tune will ring a bell for the old-timers among us. However, this simple mixer is popular all over Germany -- in the North being known as the Hamliner Waltzer.

RECORD: TANZ EP 58 607

FORMATION: Partners with hands joined in a large circle.

ACTION:

Meas. 1-4 As the men stay in place, the girls, starting with L foot, take 4 waltz two-steps toward center of circle.

Meas. 5-8 Linking elbows, the girls balance first to the left - then right, left and right. (This is sometimes done without linking elbows)

Meas. 9-12 Men follow their partners into the center with 4 waltz two-steps, and take hold of them by the waists or around bands. (L foot beginning). (boy's fingers in girls' apron belt)

Meas. 13-16 Both dance backwards to place with 4 waltz two-steps.

Meas. 17-24 Men turn out away from partners and with 8 waltz two-steps - move along the outside of the circle in dance direction, coming around to the right of the third girl, counting their own partners, turn to face her and honor her.

Meas. 25-26 Joining inside hands, new partners swing arms forward taking one sliding step forward on outside foot, closing other, then repeating in opposite direction on other foot, swinging army backward.

Meas. 27-28 The men start partners turning (once around with two waltz steps) clockwise on to the next man as they do a sliding step-together forward and back in place.

Meas. 29-40 Repeat the swinging and turning three more times.

Meas. 41-60 Waltz with new partner in dance direction, always continuing in one big circle. On measure 60 join hands in circle to begin again.