

Hey Hey Contra

(Contra)

Music: 4/4 meter Any 32-bar reel

Formation: Duple-minor improper longways sets

Meas 4/4 meter Call

- 1-2 Turn corner right full around.
- 3-4 Ladies standing back to back, do-sa-do.
- 5-6 Hey for four.
- 7-8 Continue the hey for four.
- 9-10 Swing your corner.
- 11-12 Half promenade.
- 13-14 Right and left thru.
- 15-16 Left-hand star and face new corners.

Teaching the dance:

- 1-2 All facing corner, turn your corner by the right hand all the way around and a little more so ladies end back to back in the center.
- 3-4 Gents do-sa-do with the same ladies.
- 5-8 Hey for four all the way over and back. Explain the “hey” movement as follows:
Whenever you pass anyone, either going in or coming out, you pass right shoulders
Whenever you pass anyone in the center, pass by left shoulders! In this particular dance, it is a little easier, because whenever you are going in or coming out, it is also the opposite sex. In the center, it is always the same sex. It is very much like a weaving motion. The people coming out to the outside should be turning to their right each time, in order to come back in again. Caution dancers not to just turn around in place but to take the four steps in a circling motion. When everyone completes the “hey,” they will be right back where they started.
- 9-10 The next call is swing and men swing their corner, the same lady they did the right-hand turn with at the beginning, ending with her on the right and facing across the set.
- 11-12 Half promenade across the set.
- 13-14 Right and left thru back to the side where you started.
- 15-16 Left-hand star all the way around to a new corner to start the dance again. Point out that when executing the courtesy turn at the end of the right and left thru, the man can hold onto to his lady’s left hand and actually lead her into the left-hand star.

Remind new dancers that the ends will wait out one sequence to cross over and be ready to start again.

Presented by Jerry Helt