

ISRAELI:

HINACH Yafa
(You are beautiful)

FORMATION: Couples, men on the inside of the circle. Steps are described for the men only, women should do opposite footwork

PART I

FACING CCW, INSIDE HANDS ARE JOINED.

1 - 2 Step forward on left foot and hold.
3 - 6 Brush step fwd. with right, step on right,
step on left toe and step on right.
7 Hold.
8 - 10 FACING PARTNER (man's back to center of circle)
Yemenite left.
11 Step-close with the right foot next to the left.
12 Bend both knees while touching each other's palms.
13 - 16 Syncopated turn once around away from partner but in LOD
in 3 steps (take 2 counts for the first step) with 1, r, l.
Men turn CCW, women turn CW.
17 - 24 Repeat 3-10
25 Hold.
26 - 28 Yemenite right.
29 - 52 Repeat 1-24 (do not repeat the last yemenite right).

PART II

FACING PARTNER (MAN'S BACK TO CENTER OF CIRCLE), TAKE
BOTH HANDS AND EXTEND THEM TO THE SIDES, MOVING CW.

1 - 2 Step with the right to the right side.
3 - 4 Step-cross with the left over the right while bringing the
extended arms in together.
5 - 8 Repeat 1-4.
9 - 12 Slow turn away from partner in 2 steps (2 counts for each
step); step on right and hold, step on left and hold
Men turn CW, women turn CCW.
13 - 16 Yemenite right and hold.
17 - 20 Yemenite left and hold.
21 - 23 Step back on right, back on left, and forward on right.
24 Hold.

PART III

1 - 2 Turn away from partner in 2 steps moving LOD: step on
left and then right. Men turn CCW, women turn CW.
3 - 4 Sway to the left side on the left foot while touching
each other's palms.
5 - 6 Sway to the right side on the right foot while touching
each other's palms.
7 - 12 Repeat 1-6.
13 Step-close with the left foot next to the right.
14 Bend both knees while touching each other's palms.

Continued...

TERMINOLOGY AND ABBREVIATIONS

(Before reconstructing a dance, carefully read the following explanations.)

LDD	Line of direction
RLDD	Reverse line of direction
Step	Put full weight on foot
Touch	No weight on foot
R.	Right foot
L.	Left foot
FWD.	Forward
BWD.	Backward
CW	Move according to the clock
CCW	Move counter clockwise

Every dance has a 4 measure introduction. All the steps described are done to a $\frac{1}{2}$ note unless otherwise indicated. Also, every step can be reversed starting with the other foot.

Step-hop:
Yemenite Left:

Yemenite Right:

Mayim Step moving to
the right side:

Mayim Step moving to
the left side:

Debka Jump:

Pás de
Basque:

Hora Step to the Left:

Hora Step to the Right:
Cherkessiye:

Double Cherkessiye:

Step and hop on the same foot (2 counts).
Yemenite step left: Step with the left foot to the left side (band knees), step on the right toe in back of the left foot, step-cross with the left foot in front of the right; hold on the 4th count.
Reverse the Yemenite left, starting with the right foot to the right side.
Facing the center of the circle: step-cross with the left foot over the right, step with the right foot to the right side, step-cross with the left foot behind the right, step with the right to the right side.
Reverse the Mayim Step moving to the right side starting with step-cross with the right foot over the left.
Jump with feet together while turning knees to left side. Jump again while turning knees to original position.
Little hop on the left foot, hop on toes of the right foot right next to the left, hop back on the left foot.
Reverse Hora Step to the Left.
Step with right foot forward, while raising arms up, step backward with the left foot bringing arms down, step backward with right foot, step forward with the left foot (4 steps to 4 counts).
Right foot crosses over the left foot, step on the left foot in back of the right, step on the right foot to the right side. Then reverse: left foot crosses over the right foot, step on the right foot in back of the left, step on the left foot to the left side.
Add: right foot crosses over the left foot, step on the left foot in back of the right.