

HINEH LANU NIGUN YESH

Israeli Couple Dance

Translation: Here, we have a melody
Dance: Yonatan Gaba'i
Record: Israel Folk Dances (Vol. 3) Effi Netser MM 30922
Basic Steps: Walk
Formation: Sets of 2 couples (1 couple facing another couple)
Meter: 4/4. *(cpls. progress)*

Meas.

Description

Part A

- 1 3 steps to R - R, L, R and lift L
2 3 steps to L - L, R, L, and lift R
3 4 steps Fwd. passing opposite couple, M on the outside
4-5 8 steps Do-si-do with new couple
6-10 Repeat Meas. 1-5, Part A.

Part B

- 1 Men - 2 slow steps toward each other R, L, *with arms raised*
Women - Hold
2 Men - Back to back in 4 steps R, L, R, L
Women - Hold
3-4 Women - 8 steps do-si-do
Men - Hold in place and clap
5-6 R hand star with 2 slow steps, R, L, and
4 steps R, L, R, L
7-8 Repeat Meas. 5-6, Part B, reverse direction.

Presented by Ya'akov Eden

NOTE: PART A - GENERAL HASIDIC STYLING -
M - L THUMB IN ARM PIT - ELBOW OUT TO SIDE, HEAD UP
W - R HAND IN FRONT OF FACE, FINGERS SPREAD *↑ palm out* HEAD AVERTED
BACK OUT