

HIÓTIKOS

(Greece)

Source: This is a dance from the island of Híos, which is an island not too far from the coast of Asia Minor, thus the name Hiótikos.

Music: The music is in 2/4 time and often the syrtós is danced to the melody. Any recording of the tune can be used:

"Ena Karavi Apo Ti Hio"

Demotika, Discphon LPM 5

Island Songs, Capitol _____

Formation: A broken circle with arms on shoulders.

Characteristics: Like many island dances, the feeling is a happy and bouncy one. There should be a spring in the legs. There are no large movements; the women are less energetic than the men in their movements.

2/4 time

<u>Meas.</u>	<u>cts</u>	<u>BASIC STEP</u>
I	1	Step to the R on the R ft.
	2	Step across in front of the R ft on the L ft.
II	1,2,&	Step sdwd to the R on the R ft, slightly swinging the L ft in front of the R and bouncing twice on the R heel.
III	1,2,&	Step sdwd to the L on the L ft, slightly swinging the R ft in front of the L and bouncing twice on the L heel.

The Basic Step is done six times and then the Second Step is done.

SECOND STEP

I	1	Step to the R on the R ft.
	2	Step across in front of the R ft on the L ft.
II	1	Leap on to the R ft, facing ctr, slightly bending body fwd with the L ft behind the R ankle.
	2,&	Two quick steps to the L: sdwd to the L on the L ft, and across in front of the L ft on the R ft.
III	1	Step sdwd to the L on the L ft.
	2	Slightly swing the R ft in front of the L ft.

This step is done twice. On the third time, begin with meas. I, but at meas. II, there is a change:

HIOTIKOS (Cont)

- II 1 Leap on to the R ft, facing ctr, slightly bending body
 fwd with the L ft behind the R ankle.
- 2 Leap back on to the L ft, leaving R ft free to begin the
 Basic Step. (Omit meas. III).

Repeat dance from beginning.

VARIATION (TURNING)

The variation is done during the Basic Step. Do the Basic Step four (4) times. On the fifth and sixth times, do a slow turn during the three steps to the R.

Abbreviations added to fit U.O.P. syllabus format.

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