

Israel

SOURCE: Dance: Rivka Sturman; Words & Music: Naomi Schemer.

FORMATION: Lines of 3 to 5 people standing side by side, facing CCW.
Hands joined & down.

MUSIC: 4/4 meter

PATTERN

Meas Ct

PART I: Melody A

- 1 1-4 Four light running steps fwd; R,L,R,L.
- 2 5-6 Step hop with R ft, crossing over L.
7-8 Step hop L ft, crossing over R.
- 3 9-12 Four running steps fwd; R,L,R,L.
- 4 13 Light stamp on R ft.
14 Jump on L ft, kicking R ft back
15 Jump on R ft, kicking L ft back. (Cts 14-15 are scissor
kicking steps).
16 Step fwd with L ft.
- 5-8 17-32 Repeat Meas 1-4, cts 1-16.

PART II: Melody B

RELEASE HANDS. Face ctr; stand one behind the other.

- 1-2 1 Step on R ft to the R.
2 Hold. Clap hands over R sho.
3-5 Turn L with 3 steps; L,R,L, Moving CW, to end facing CW,
standing side by side.
6 Hop on L ft.
7 Facing CW, step fwd on R ft.
8 Step on L ft, turning 1/2 turn R (CW turn) to end facing
CCW. Join hands.
- 3-4 9-16 Repeat PART I, Meas 3-4.
- 5-8 17-32 Repeat PART II, Meas 1-4, cts 1-16.

REPEAT DANCE FROM BEGINNING.

Presented by Rivka Sturman
Idyllwild Workshop - 1968