

HORA AGADATI (Circle Dance)

(Israel)

Dance by Agadati

This Hora gets its name from the dancer, Baruch Agadati. It is fast and brisk. The composition reflects Roumanian influence.

FORMATION: PART I. Circle, holding hands-arms down and relaxed.

Phrase 1 4 running steps to R, beginning with RF.

2 4 Debka jumps (feet together, jump with toes turned to L, then R, then L, then R).

3-4 Repeat 1 and 2.

Repeat Phrases 1, 2, 3 and 4.

FORMATION: PART II. Place hands lightly on adjacent shoulders.

Phrase 5 Jump on both feet, then place left heel fwd, knee straight, while leaning back.

6 Step in place on LF, then RF, then LF.

7 Same as 5.

8 Same as 6.

9 2 Debka jumps (toes to L, then R).

10 Step fwd with LF and then stamp on RF ahead.

11 Step back to place: LF, then RF.

12 Then run to R with 3 light running steps, L, R, L.

Repeat entire combination from Phrase 5 to 12.

-- Dance Notations by Dvora Lapsan

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