

# HORA CHADASHAH

ISRAEL

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Rhythm: 4/4

Translation: New Hora

Formation: Single circle, hands joined, facing center.

## Measures

### FIG. 1

- 1 Stamp R, no weight (count 1), hop on L (count 2), run 2 steps - R, L in LOD (counts 3, 4)
- 2 2 two-steps in place, facing center
- 3-4 REPEAT measures 1 and 2

### FIG. 2

- 1 *Extended Yemenite step*: step to R on R (count 1), step in place on L (count 2), step on R across & in front of L, body bends FWD (count 3), step in place on L, straightening body (count 4)
- 2 Face LOD - leap FWD on R (count 1), close L to R (count 2), leap FWD on R (count 3), close L to R (count 4)
- 3 REPEAT measure 1, FIG. 2
- 4 Grapevine w/high knees to R - begin stepping to R on R (counts 1, 2, 3, 4)
- 5-8 REPEAT measures 1-4, FIG. 2

REPEAT DANCE FROM BEGINNING

