

hora hadera

SOURCE: Dance: Yankele Levi; Music: Hasidic.
MUSIC: Hataklit MM 35097 #4, Hava Nirkoda.
FORMATION: Circle, facing CCW, L hand on own shldr, palm up,
R hand holding person's in front (as in Zemer Atik).
All touches are with the heel.

Ct
1-4
5-6
7
8
9-32

PART I

Take 4 steps fwd, starting on R.
Touch R heel fwd.
Step back on R.
Step fwd on L.
Repeat 3 more times.

PART II

Face center of circle.
1-4 Take 4 steps fwd to center, starting on R.
5-8 Touch R heel fwd twice, *raising & lowering arms twice*
9-16 Repeat cts 1-8 moving bkwd away from center (arms move up *twice*
17-32 Repeat cts 1-16. *each 13-16*)

PART III

1-4 Facing center of circle, step on R ft to R, step
behind with L, step on R ft to R, and touch L heel.
5-8 Repeat cts 1-4 to L side.
9-10 Step on R ft to R and touch L heel.
11-12 Step on L ft to L and touch R heel.
13-16 Turn in 3 steps to R side (CW) and touch L heel to
L side.
17-32 Repeat cts 1-16 to other direction.

Presented by Ruth Browns



Praise Him with psaltery and harp