

HORA MECHONA

Formation: Join hands in circle or hold on each others shoulders.

- 1 Move cw, step on L to left side
- 2 R crosses behind L
- 3 Step on L to left side
- 4 Hop on L, swing R in front of L
- 5 Two bouncing steps in place, start R
- 6 Step R in place

The Hora can be done to the other side as well. The above steps are only one of the many existing variations. The dance usually starts slowly, then tempo increases gradually.



Come and join the dance,  
 For today the sea is blue,  
 And the heart is pumping steam.  
 The diesel, the machine and hand are set  
 To start the motor going.  
 The derrick has tremendous power,  
 Power to transform the land,  
 The face of yesterday is gone today.  
 The mixer's loaded with cement,  
 A load that weighs a ton.  
 Up: Let's rise and dance!

The wind stirs up the sea - Hora  
 The waves rise up and sway,  
 We won't look back at all - Hora  
 To the soft and easy days.  
 A new and brighter day will dawn,  
 A day of fire and steel,  
 There is a new dance called the - Hora  
 Made of piston and wheel.  
 Hora. Ho.

Now we'll sing an older tune  
 To the smoking locomotive;  
 It has no time, it's got to hurry:  
 The tractor scrapes and grinds,  
 Its task is not a trifle,  
 It's got to move a mountain!  
 The steamroller surges,  
 Paving a road in its path,  
 A road that won't mislead us.  
 The quarry adds to the din and roar,  
 It doesn't ask, it hammers out  
 The rhythm of the dance.

Let's have a song to the anvil:  
 From every workshop, big and small,  
 From spokes to wheels to axles,  
 Each man lifts his hammer;  
 Man with man stands hand-in-hand  
 To circle 'round in dance.

Music: Dov Seltzer  
 Lyrics: Didy Menuisy

HORA MECHONA

Bou el hamachol  
 Ki hayam hayom kachol  
 Vehalev noshef kitor.  
 Dizei umechona  
 Vehayad kvar nechona  
 Le hafeel et hamotor  
 Koach yesh lamano  
 Meshane hoo et hanof  
 Lo nakir et haetmol  
 Yesh lanu dood beton  
 Hoo asher kovea ton  
 Ech yotzeem po bamachol.

Roach yam neora - hora  
 Vetetze binchot galim  
 Lo nabit achora - hora  
 El yameynu hakaleem  
 Yom teaver varach - yeora  
 Yom shel esh uvarzelim  
 Yesh rikood chadash yesh - hora  
 Im buchnot vegalgalim  
 Hora. Ho.

Shiru mizmor yashan  
 Lakatar vela'ashan  
 Eyn lo zman ki hu nimhar  
 Traktor chorek chareek  
 Analo hu lo lareek  
 Lehaziz et kol habar  
 Godel yesh lamachbesh  
 Et haderech hu kovesh  
 Lo nelech ba le'ebud  
 Holem hamachtzeva  
 Lo bikesh ki im tziva  
 Et haketzev larikood.

Havoo shir lasadna  
 Kol bet hacharoshet na  
 Migalgal eley galgal  
 Gever marim patish  
 Yad beyad ve ish im ish  
 Marakdeem bema'agal.