

HORA MEDURA

Israel

It was choreographed by Yoav Ashriel in the 1960's to a popular pioneer tune by Meir Walbe. It was first introduced to Ed Austin by Liat Menahemi, November 9, 1982. Since then, Ed has found it to be a well-known and popular dance throughout Israel.

TRANSLATION: Bonfire Hora or Dance around the campfire

PRONUNCIATION: hoh-RAH meh-doo-RAH

FORMATION: Closed circle with hands joined at shoulder height, palm-to-palm, fingers together—or held low in a V-pos.

MUSIC: De Mooiste Muziek uit Israel, V-403, Made in Holland, The Haifa Folk and Dance Orchestra;
Hadarim, Vol. I, side 1/5
Statewide, Las Vegas 2001—"Folk Dance Classics"

STEPS: Basic: The basic step is preceded by a "slight hop or lift" on the L (ct &). There is generally a slight bend in the knees keeping the dance light and fun. The "up/down" action is very prominent during the heel touch.

Mayim (grapevine) step: Step R across L (ct 1); step L to L (ct 2). Step R behind L (ct 1); step L to L (ct 2).

METER: 2/4

PATTERN

Meas. Cts.

1-12 **INTRODUCTION:**
No action.

1 1-2 **PART A: Basic**
Jump to both feet (ct 1), step L across R -moving LOD (ct 2).

2-4 Repeat meas 1, 3 more times (4 in all).

5 1-2 Run fwd R-L (cts 1-2).

6 1-2 Raising lowered hands fwd, jump to both feet (ct 1), kick L (ct 2).

7 1-2 Run bkwd L-R lowering hands bkwd (ct 1-2).

8 1-2 Jump to both (ct 1), lift R (ct 2).

9-16 Repeat meas 1-8.

PART B: "Mauim," Runs & Heel-touches

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| 1-2 | 1-4 | Mayim CW, begin R crossing in front of L: R-L-R-L (cts 1-4). |
| 3-4 | 1-4 | 3 running steps R-L-R traveling CW, bending over low at waist (cts 1-2; 1), leap to L straightening up (ct 2). |
| 5-6 | | Repeat meas 1-2. |
| 7 | 1-2 | Facing center, touch R heel fwd raising arms high (ct 1), pause, lowering arms (ct 12). |
| 8 | | Repeat. |
| 9-16 | | Repeat meas 1-8. |

REPEAT THE ENTIRE DANCE FROM THE BEGINNING

Dance notes by Ed Austin, 5-01

Presented by Ed Austin
Las Vegas Statewide Institute
May 19-20, 2001