

DIN
HORA FROM OLTENIA

Oltenia is a providence of Romania between the Southern Carpathian Mountains and Bulgaria.



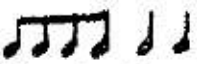

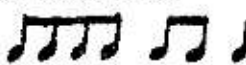
Source: Research and choreography by Andor Czompo, based on material of the Romanian Folklore Institute and the Dance Ensemble of the Romanian Interior Ministry.

Music Records, Bucaneer 45632 "Hora" (45 rpm) and Qualiton LPX 10058. "Whistle Hora."


Style: Light but energetic. Most of the steps are done on the balls of the feet. The footwork is sharp and crystal clear.


Formation: Mixed circle. Hands joined shoulder high, elbows bent.

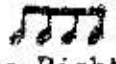
Step variations:

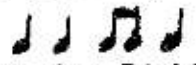
1. **Step-hop** 
 - 1 Step with Right foot in LOD.
 - & Hop on the Right foot.Repeat with opposite footwork.
2. **Running steps** 
 - 1-4 Do four running steps in LOD.
3. **1st closing variation** 
 - 1 Facing the center of the circle, step on the Right foot in place.
 - & Step with the Left foot in front of the Right foot.
 - 2 Step on the Right foot in back of the Left foot.
 - & Step on the Left foot in place.
 - 3 Hold the previous movement.
 - 4 Close the Right foot to the Left foot.NOTE: All of these steps are running steps.
4. **Side-cross step** 
 - 1 Step on the Right foot to the Right.
 - 2 Step on the Left foot behind the Right foot.
 - 3 Step on the Right foot to the Right.
 - 4 Shift weight back to the Left foot.
5. **2nd closing variation** 
 - 1 Step on the Right foot in place.
 - & Step on the Left foot in front of the Right foot.
 - 2 Step on the Right foot behind the Left foot.
 - & Step on the Left foot in place.
 - 3 Step on the Right foot in front of the Left foot.
 - & Step on the Left foot behind the Right foot.
 - 4 Close the Right foot to the Left foot.NOTE: All of these steps are running steps.

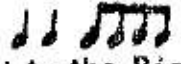
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6. Step-hops forward 
- 1 Step with the Right foot forward.
 - 2 Hop on the Right foot.
 - 3 Hop on the Right foot.
 - &4 Step with the Left foot in front of the Right foot (hips turn slightly to the Right)
 - & Touch Right toes behind the Left foot.
 - 5-8 Do four walking steps backward, Right, Left, Right, Left.

- Variation: Instead of the four walking steps, do: 
- 5 Leap onto Right foot.
 - 6&7& Do four leaps with straight legs, Left, Right, Left, Right, changing feet with "scissors" - type of movement, backwards.
 - 8 Leap onto the Left foot kicking the Right foot slightly forward.

- Heel touch 
- 1 Step with the Right foot to the Right.
 - & Step on the Left foot beside the Right foot.
 - 2 Step on the Right foot to the Right.
 - & Touch the Left heel beside the Right foot.
- Repeat with opposite footwork.
NOTE: The steps are running steps. The touch is light, the heel leaves the floor right away.

8. Scissors 
- 1 Leap onto the Right foot in place, kicking the Left foot forward with a straight leg.
 - 2 Leap onto the Left foot in place, kicking the Right foot forward with a straight leg.
 - 3& Do two running steps in place (you may do it as ct. 1 and 2 also, of course, but twice as fast.)
 - 4 Close the Right foot to the Left foot.

9. Side leaps + cross run 
- 1 Leap with the Right foot to the Right.
 - 2 Leap with the Left foot to the Left.
 - 3 Step with the Right foot to the Right.
 - & Step on the Left foot behind the Right foot.
 - 4 Step on the Right foot to the Right.
 - & Step on the Left foot behind the Right.
- NOTE: The steps are running steps.

THE DANCE

- PART I
- | | |
|-------|--|
| Meas. | Do two step-hop (#1) in LOD, and Running steps figures (#2). |
| 1 | |
| 2-3 | Repeat Meas. 1, two more times. |
| 4 | Do the 1st closing variation (#3). |
| 5-8 | Repeat Meas. 1-4. |
| 9-11 | Do the Side-cross step (#4) three times. |
| 12 | Do the 2nd closing variation (#5). |
| 13-16 | Repeat Meas. 9-12. |
| 17-18 | Do the step-hops forward (#6). |
| 19-20 | Do the step-hops forward (#6), or the variation. |

Continued...

21-24 Repeat Meas. 17-20.

Meas.

PART II

- 1 Do the Heel-touch (#7) two times.
- 2 Do the Scissors (#8).
- 3-4 Repeat Meas. 1-2
- 5-8 Do the Side-cross step (#4) four times.
- 9-12 Same as Meas. 1-4.

Meas.

PART III

- 1-8 Do the Side Leap + Cross run (#9) eight times.
- 9-10 Do the Step-hops (#6) or its variation.
- 11-12 Do the Step-hops (#6).
- 13-14 Do the step-hops (#6) or its variation.
- 15-16 Do the Step-hops (#6).

The directions for this dance are meant only as refresher notes for those who have learned the dance from a qualified teacher.

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