

HUSTLE

SOURCE: The Hustle was introduced by Millie von Kinsky at the 1976 Feather River Family Folk Dance Camp. The City of Oakland Parks and Recreation Department is the Camp sponsor.

RECORD: The Hustle - Avco Records Corp. #AV=4653,
Or My Preference - "Love Will Keep Us Together" AM #1672-S

FORMATION: Line up individually facing same wall.

STYLING: Move arms and body freely during the dance.

NOTE: Begin the dance with the vocal.

PATTERN

- I. (a) Begin with the R ft walking backwards 3 steps, (RLR) and touch L ft beside the R ft.
- (b) Begin with the L ft walking fwd 3 steps, (LRL) and touch R ft beside the L ft.
- Repeat I (a) and I (b).
- II. Step sideways to the R with the R ft, step with the L ft behind the R ft, step sideways again with the R ft and end the sequence by touching the L ft beside the R ft. Repeat the side behind side touch sequence to the L side.
- Note: An alternate step pattern for the above is as follows:
Turn 3 steps to the R side, ending with a touch of the L ft beside the R ft. Repeat the turning step pattern with the touch to the L side, starting with the L ft and end touching the R ft.
- III. One jump fwd and pause.
One jump back and pause.
One jump fwd quickly.
One jump back quickly.
Click both heels together 2 times quickly.
Tap R ft forward 2 times quickly.
Tap R ft backward 2 times quickly.
Tap R ft 1 time fwd; tap R ft 1 time backwards,
Tap R ft to the R side, and end with a kick of the R ft fwd,
as a 1/4 L face turn is made. As the turn is made clap own hands 1 time.
- Note: Dance the Hustle facing each of four walls.
Repeat the dance to the end of the record.