

I Vlaha

Source: Greek Folk Dances, M. Vouras & R. Holden
Elliniki Hori, V. Papahristos,

Time: 2/4 & 7/8

Position: Hands held in open circle, hands down.

Measure: 2/4 music

- 1 Moving LOD step R. (ct.1) still moving right step L. (ct.2).
- 2 Step R. to side facing center (ct.1) step L. in place (ct.2) cross R. over in front of L. (ct.2) moving RLOD.
- 3 Continue moving RLOD step L. (ct.1) step together with R. (ct.2) step L. (ct.2)
- 4 Point R. toe ~~out~~ circle (ct.1) and ~~out~~ (ct.2)

7/8 music

- 1 Step R. to side (S) L. behind (Q) R. to side (Q).
- 2 Step L. across R. (S) side with R. (Q) across with L. (Q).

Dance continues alternating between the two steps following the changes in the music