

IBO - Nigerian - brought to Carriacou by Ibo people of Nigeria.

DANCE: Adaptation of native steps. Danced with staccato strength by men, proud vigor by W.
TAUGHT TO US BY: M DELYNNE GREENE, San Francisco, Calif, during her workshop with us in 1967.
DESCRIPTION: Written by Kenneth Spear, from notes taken at the workhop, and printed notes.
FORMATION: Usually a woman alone, followed by a man alone; steps are repeated at varying intervals, and allow for individual improvisation. Dancer faces drummer.

ADAPTATION FOR GROUPS: Concentric circles. Women on inside facing center when they dance, men standing in back moving right and left with same two step but subdued. When men dance, they move to inside, women stand in back dancing quiet two step in place. (this is a suggested pattern for recreational purposes).

METER: 2/4, with 4 clear eighth notes heard per measure. Count therefore for notes, will be 1, &, 2, &. (4 counts). Drum heard throughout melody accents count & of the four eighth notes. Count & besides being accented is also a higher pitched drum sound.

INTRODUCTION: 16 measures of 4 quick counts per measure. First 9 counts of introduction are unclear. Regular drum pattern starts with count & of measure 3. To help start correctly at the right point in the dance, the simplest suggestion seems to be to wait until the vocal begins (accenting with the vocal is on count 1) and start with the second measure of the dance pattern. From then on, it is easier to pick out the first count of each measure.

MUSIC: Drum for 16 measures, then vocal for 16 measures, repeated like this for entire record. Dance begins with girls dancing to the vocal, Men dance to the drum.

GIRLS PATTERN

Meas Count PATTERN ----- PART I - PARALLEL ARM CUT

- 1 1,&,2,& Two-step R, body facing center, head turned to R. Elbows bent, hands held fwd in front, as though dancer were holding a basketball, palms facing each other. On counts 1, 2, hands are cut downward to R side.
- 2 1,&,2,& Two-step L. Same action as meas. 1, but starting L, facing center, head turned to left, hands cutting dnwd to left side.
- 3-8 Repeat action of measures 1,2.

II - GIRLS PATTERN, ELBOW DIP

- 1 Samba type step, raising L hand in front, as you begin with R ft. On count 2 of the measure hand is brought down.
- 2 Same as measure 1, pt II, starting with R hand, and left foot.
- 3-4 Repeat meas. 1,2 of pt. II.

III - Girls Pattern, TURN AND DIGGING STEPS

- 1 1,& Start a complete L turn in place with four steps, taking first step on R ft. Hold on & count.
- 2, & Continue L turn, stepping on L. Hold the & count.
- 2 Finish L turn with two more slow steps, R, L, On & count at finish Lift R ft.
- 3-4 Four slow digging steps, R, L, R, L. Lift of digging step occurs on & count of preceding measure, and can be best thought of as "a-one, a-two, a-three, a-four", with the lift on the "a", and the step on the count. Hands are pulled downward with each digging step (alternate hands and feet)

---as girls do digging steps in this suggested formation, they should back up. Men should now begin to move to inside of circle.

MEN'S PATTERN - PART I - TOWEL TWIRL & TWO STEPS. (towel is held in both hands in this part)

- 1-8 Men do 8 two steps, first to R, and then L, twirling towel in front of chest.
- MEN'S PATTERN, PART II -STAMP, SHAKING TOWEL DOWNWARD, TOWEL HELD IN RT.HD.
- 1-8 Men stamp 7 slow stamps, keeping weight on L ft, stamping R foot in front, shaking towel downward on each stamp. Body is bent back slightly. On eighth slow count, man step,back on R ft.

MEN'S PATTERN, PART III - LEFT TURN, JUMPS.

- 1 1,& Step on L ft. Hold
- 2,& Kick R leg fwd. Hold
- 2 1,& Step on R crossing over L, and complete a full L pirouette turn.
- 2,& Jump slightly fwd, on both feet.
- 3-4 With body bent slightly fwd in semi sitting position, feet, held apart, arms out to sides, hands fwd, do four more jumps backing out of circle, as girls get ready to move to inside, to start their pattern.