

IDAM NE IDAM
(Macedonia--Bulgaria)

Source: John Filcich learned this dance from the Macedonian-Bulgarian colonies in the San Francisco Bay Area. It is also known as "Dimke Ela Dimke".

Record: "Dimke Ela Dimke" Xopo 304 ~~304~~ 309, 307, 304 ?

Formation: Open circle, leader at R end. Hands are joined and held down.

Measures
(4/4)

Pattern

- I.
- 1 Step to R on R; cross L in front of R; step to R on R; swing L across in front of R naturally.
- 2 Repeat action of meas 1, moving to L with opp footwork. (R ft may cross in back.)
- 3 - 4 Repeat action of meas 1-2.
- II.
- 1 Step to R on R, swing L across in front and lift on R a little.
- 2 Step to L on L, swing R across in front of L, lifting on L a little.
- 3 - 4 Repeat action of meas 1-2.
- III.
- 1 Stamp R ft 5 times. *OR 3 STAMPS & HOLD*
- 2 Clap hands together 5 times, accenting the last clap. *OR 3 CLAPS & HOLD*

Repeat dance from beginning.

Presented by: John Filcich