

IM HA'SHACHAR

AT DAWN

Dance: Margalit Oved
 Music: Sara Levi-Tanney
 Words: Sara Levi-Tanney
 Record: Hed-Arzi AN 46-00 (Sing alone with H. S. and M. H.)
 Record: Hed-Arzi

Dance for elementary school, 4th grade
 and upwards, Yemenite style
 Meter: 4/4



Formation: Dancers in single circle, or open circle. Joined hands down. In Part 1 facing out, Part 2 CCW

Introduction: 4 times 4/4

<u>Part 1</u>	<u>Music A</u>	
Meas	Count	
1 - 2	1 - 8	Yemenite step to the r side, begin on R and to the l side begin on L
3	9 - 12	Step bend fwd to the circle on R; Hold. Same on L. Hold.
4	13 - 16	Step on R fwd, r knee flexed, bend on L. (tiny leap) close with R ft. Hold
5 - 8	17 - 32	Repeat meas 1 - 4 once more.
<u>Part 2</u>	<u>Music B</u>	Leader opens circle moving to the R side, moving out
1	1 - 4	Step on R LOD, with bending knee, cross L over R. Repeat.
2	5 - 8	Repeat 1 - 4 but on the last R step hold and turn to l side
3 - 4	9 - 16	Repeat above steps at the L side, begin on the l ft. Person on the L side leads to the L side and closes the circle
		At the end facing again the circle.
<u>Part 3</u>	<u>Music C</u>	
1	1 - 4	Clap palm to palm and open the hands at chest height - 2 times.
		Feet closed, bending knees on 1, straightening on 2. Repeat this movement.
2	5 - 8	Two handclaps (5-6), hands remain in closed position, while head bends slightly fwd down 7 - 8 Hold, bending knees. 8.
3 - 4	9 - 10	R hand waves to R side, shoulder high, Eyes follow the movement
		R hand returns, clapping L hand. Eyes as above
	11 - 14	Repeat movements of 9 - 10 twice more
	15 - 16	While bending head snap fingers at chest height, palms are turned towards chest and bend knees Hold 15 - 16
<u>Part 4</u>	<u>Music A</u>	
1 - 2	1 - 8	Yemenite step to the R and to the L side
3 - 4	9 - 16	Repeat 1 - 8
		Face centre of circle. repeat twice in all
5	17 - 18	Step on R ft to the R side. Hold
	19 - 20	Sharp touch of L toe at back of R ft. bending both knees. Hold
6	21 - 24	Repeat the same to the L side, beginning with L ft.
7 - 8	25 - 32	Repeat meas 5 - 6. Counts 17 - 24
<u>Part 5</u>	<u>Music B</u>	Repeat Part 2, Music B
<u>Part 6</u>	<u>Music C</u>	Repeat Part 3, Music C