

# Ingliska Dances

(Estonia)

Ingliska dances are older group dances.

Pronunciation:

Music:

2/4 meter

Formation: Depends on variation.

Meas

Pattern

## VARIANT 1 FROM KABERNEEME, NORTH-ESTONIA

formation: circle.

- I. A BIG CIRCLE  
 1-16 Walk 16 steps CW, beg L; walk 16 steps CCW.
- II. GRAND RIGHT AND LEFT  
 varies M moving CCW, W moving CW dance Grand Right and Left around the whole circle.
- III. IN AND OUT  
 1-2 In circle, all walk 4 steps in and 4 back out  
 3-4 Repeat in and out.

## VARIANT 2 FROM KUUSALU, NORTH-ESTONIA

formation: longways.

- I. WEAVING  
 varies 1 and 2, 3 and 4 and so on beging passing L shldr back to back, next right shldr and so on until the end of the lines, there turn around CCW and weaving back.
- II. BUTTERFLY-POLKA  
 1-4 4 steps polka without jumping, beg L ft with a small bow behind R.  
 5-8 Pass through with 4 walking steps and turn L 4 steps in opp place.  
 9-16 Repeat meas 1-8 back to place.
- III. FORWARD AND BACK  
 1-2 Lines walk 4 steps fwd and 4 back  
 3-4 Repeat meas 1-2.

## Ingliska Dances—continued

**INGLISKA FOR STAGE, PUT TOGETHER FROM TRADITIONAL INGLIKAS**

formation: longways for 8 cpls, M in one and W in the other.

steps: Walk, Butterfly Polka, Walz.

- I. SMALL CIRCLES  
Every other cpl active.  
1-4 In groups of 4, circle L (CW) walking 16 steps  
5-8 Circle R (CCW) walking 16 steps to end in orig longways set.
- II. BUTTERFLY-POLKA  
1-8 Beg L, walk 4 steps passing through and 4 steps walk turning L polka and pass through back
- III. BIG CIRCLE  
Join hands in lines and at ends of line.  
1-8 Walk 16 steps CW  
9-16 Walk 16 steps CCW to end back in longways set.
- IV. BUTTERFLY-POLKA AND PASS THROUGH  
1-8 Repeat Fig II.
- V. RIGHT AND LEFT IN ROWS  
In the music, two cords signal a break.  
1-16 All turn to upper end of the rows and two top dancers start R and L, the others joining it when the first ones come to them, together 32 steps, in the ends of rows turn R.
- 1-4 VI. PASS THROUGH AND TURN LEFT  
With 4 butterfly polka 4 steps, beg L, pass through turn to face the ctr of the set.
- VII. RIGHT AND LEFT WITH ARMS  
1-16 Repeat Fig V, giving arms instead of hands
- VIII. PASS THROUGH AND TURN LEFT  
1-4 Repeat Fig VI back to orig places.
- IX. FORWARD AND BACK  
1-4 Lines walk 4 steps fwd and 4 back; repeat.
- X. GRAND RIGHT AND LEFT  
1-16 All turn to upper end of the rows and two top dancers start R and L, the others joining it when the first ones come to them, together 32 steps, in the ends of rows turn R.
- XI. WALZ  
1-16 16 Walz turns with whomever happens to be one's ptr after R and L. End in rows.
- XII. REPEAT FIG XI, X, AND X

Presented by Jussi Aronen