

Presented by Stephen Kotánsky

ÎNVÎRTITA DIN MUREȘ  
Romania

NOT TAUGHT

This is one of a cycle of dances which is based on dances and steps from Bobohalma, Mures county in central Transylvania. The dances include a slow "Ponturi," "Purtata" or "de a Lungul," "Invirtita" and "Hațegana" or "Harțag."

PRONUNCIATION: In-ver-TEE-tah deen <sup>Meo</sup> ~~Man~~-RESH

RECORD: Balkan Arts MK-6M, Side B, Band 4 (Cielu Dans)

FORMATION: Cpls facing in closed shldr-blade to shldr-blade pos, or with W hands over M's shldr's and M's hands held at head level with bent elbows pinching W's arms.

METER: 2/4

PATTERNS

Meas

BASIC SIDE TO SIDE

- 1 Lift slightly on L (ct 1); step R to R with slight accent (ct &); lift slightly on R (ct 2); step L beside or slightly in front of R (ct &).
- 2 Step R to R with slight accent, wt on both ft (ct 1); hold (ct &); step L beside or slightly in front of R (ct 2); step R to R (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk and direction.

EXTENDED TURN CW

Position: Turning to face L, M L hand on W R upper arm, M R hand on W L shldr-blade or over her L shldr. W R hand on M L upper arm, W L hand on M R upper arm or hooked above M R elbow.

- 1 Lift on L (ct 1); step R fwd (ct &); hold (ct 2); step R fwd (ct &).
- 2 Small step fwd on R with slight knee bent (ct 1); step L fwd (ct &); small step fwd on R with knee bent (ct 2); step L fwd (ct &).
- 3-6 Repeat meas 1-2.
- 7 Lift on L (ct 1); step R fwd (ct &); hold (ct 2); turning to face R in prep to turn CW, reverse arm pos and step L to L (ct &).
- 8 Step R fwd (ct 1); hold (ct &); step L,R fwd (cts 2,&).

EXTENDED TURN CCW

- 1-8 Repeat meas 1-8 of Extended Turn CW, with opp ftwk and direction.

*Continued...*

VARIATION ON EXTENDED TURN

- 1-4 Repeat meas 1-4 of Extended Turn CW (lift on L; R, hold L fwd;/ R fwd w/plie; L fwd; R w/plie; L fwd;/ repeat)
- 5-6 Repeat meas 2 of Extended Turn CW, twice (R fwd w/plie; L fwd; R w/plie; L fwd//)
- 7-8 Repeat meas 7-8 of Extended Turn CW (lift L; R fwd; hold; L sdwd, in prep of turn// Rfwd; hold; L, R fwd/)

DISHRAG TURN

At the end of the previous step open so W are on M R side with inside hands joined (MR-WL). M continue basic step more or less in place, but with much more energy and vigor. M may also turn slightly under joined hands.

- 1 Lift on L (ct 1); step R fwd with accent (ct &); lift on R (ct 2); step L fwd with accent (ct &).
- 2 Step R fwd with accent, hands move back to shldr level (ct 1); step L fwd, hands puch fwd (ct 2); step R fwd with accent (ct &).
- 3-4 Repeat meas 1-2 with opp ftwk.

WOMEN:

Do the following steps moving CCW around M.

- 1 Lift on L (ct 1); step R fwd (ct &); lift on R (ct 2); step L fwd (ct &).
- 2 Rock back on R (ct 1); Rock fwd on L (ct &); step R fwd on heel, beg CCW (L) turn (ct 2); continuing turn, step L fwd (ct &).
- 3 Step R fwd (ct 1); step L fwd but behind and to R of R (ct &); step R, L fwd (cts 2, &).
- 4 Step R fwd but behind and to L of L (ct 1); step L fwd (ct &); step R fwd on heel, beg CCW (L) turn (ct 2); continuing turn, step L fwd (ct &).
- 5-8 Repeat meas 3-4, twice more (3 in all).

NOTE: Meas 1-2 are a transition step.

MEN'S SOLO STEPS:

The following steps are done by the M when breaking away from the W. They are often done in the Feciorești (young men's) dances or during the Invirtita. During this part of the dance the W continue the basic step from side to side.

Travelling Step

Travelling in a circle of M with arms held up.

- 1 Lift on R, lift L slightly to L side (ct 1); step L fwd with accent (ct &); lift on L as R lifts slightly to R side (ct 2); step R fwd with accent (ct &).
- 2 Jump onto both ft with ft slightly apart and knees slightly bent (ct 1); leap L, R fwd (ct 2, &).
- 3-8 Repeat meas 1-2.

*Continued...*

Rest Step In Place

This step is the same as the Travelling Step, but done more or less in place.

- 1 Lift on R (ct 1); step L fwd (ct &); lift on L (ct 2); step R back (ct &).
- 2 Jump onto both ft (ct 1); leap onto L in place (ct 2); step R fwd with accent (ct &).
- 3-8 Repeat meas 1-2.

Rest Step II

- 1 With wt on R and knee bent, touch L toe slightly to L, knee turned out (ct 1); with knees still bent, tap L toe slightly in front of R, L knee turned in (ct &); hop on R and straighten L leg fwd (ct 2); step L beside R with knees bent (ct &).
- 2-8 Repeat meas 1, alternating ftwk, 7 more times (8 in all).

Rest Step III

- 1 Bend R leg (ct 1); tap L heel, knee turned out in front, but slightly to L of R (ct &); tap L toe in front of R, knee turned in (ct 2); kick L fwd, knee straight (ct &).
- 2-5 Repeat meas 1, alternating ftwk, 4 times (5 in all)
- 6-8 See "Closing Fig" below.

Closing Figure

- 1 Close L to R (ct 1); clap hands tog at shldr ht (ct &); lift on L and slap R hand against raised R outer heel (ct 2); close R to L (ct &).
- 2 Clap hands tog at shldr ht (ct 1); lift on L and slap R hand against raised R outer heel (ct &); leap R,L in place (cts 2,&).
- 3 Lift R leg fwd and high and slap R hand against R inner boot top (ct 1); hold (ct &); step R,L in place (cts 2,&).

SLAPPING FIGURE I:

- 1 Lift on L raising R to R side and clap hands tog (ct 1); slap R hand against R outer boot heel (ct &); step R beside L (ct 2); click-close L to R (ct &).
- 2 Repeat meas 1, with opp ftwk and arms.
- 3-4 Repeat meas 2-3 of Closing Fig (clap hands; slap R heel; leap R,L in pl;/slap R fwd; hold; step R,L in pl)
- 5-8 Repeat meas 1-4.

SLAPPING FIG. II:

- 1 Lift on L, raising R to R side and clap hands tog (ct 1); slap R hand against R outer heel (ct &); leap on R in place and clap hands tog in front (ct 2); slap L hand against L outer heel (ct &).
- 2 Close L to R (ct 1); clap hands tog (ct &); slap R hand against R outer heel (ct 2); close R to L (ct &).
- 3-4 Repeat meas 2-3 of Closing Step (clap hands; slap R heel; leap R,L in pl;/slap R fwd; hold; step R,L in pl)
- 5-8 Repeat meas 1-4.

SLAPPING FIG. III:

- 1-2 Repeat meas 1-2, Fig. I (clap; slap R heel; R beside; click L; repeat with opp).
- 3 Turning once CCW (L), hop on L and clap hands (ct 1); slap R hand against R outer boot heel (ct &); hop on L and clap hands tog in front (ct 2); slap R hand against R outer heel (ct &).
- 4 Step R slightly fwd (ct 1); bring L fwd and through to front (ct &); leap on L in place and slap R hand against inner boot top in front (ct 2); close R to L (ct &).
- 5-8 Repeat meas 1-4.

SLAPPING FIG. IV:

- 1 Slap R hand against R inner boot top (ct 1); leap onto R in place and slap R hand against L inner boot heel behind R leg (ct &); hold (ct 2); leap onto L in place and slap R hand against R outer heel (ct &).
- 2 Close R to L, knees slightly bent (ct 1); bounce on both ft (ct &); slap R hand against R inner boot top (ct 2); close R to L (ct &).
- 3-8 Repeat meas 1-2, 3 more times (4 in all).

SLAPPING FIG V:

- 1 Slap R hand against R outer heel twice (cts 1-2); close R to L (ct &).
- 2 Repeat meas 1, with opp slap work.
- 3-4 Repeat meas 1-2, Fig IV (slap R fwd; slap L bk; hold; slap R heel/close R; bounce; slap R fwd, close L)
- 5-8 Repeat meas 1-4.

MEN'S CLICKING FIG.

During this step the W stand still, and M place their hands on W shldrs.

Transititon: On the last Basic step, meas 2, bounce on both ft (cts 1-2-&, S,Q,Q).

- 1 Click heels tog in air (ct 1); land with ft slightly apart (ct &); repeat cts 1,& (cts 2,&).
- 2 Bounce on both ft (ct 1); click heels in air (ct &); bounce twice on both ft (ct 2,&).
- 3-8 Repeat meas 1-2, 3 more times (4 in all).

NOTE: A sequcne will be decided at the teaching session depending on how far we get.