

IONNSAI NA L-INNSE  
(Irish)

Pronounced: OON-see nuh HEEN-shuh

Music: Music of Ireland Record M 4001A or any reel listed for Waves of Tory.

Columbia 33521F "Siege of Ennis"

Formation: 4 couples, couples 1 and 2 in one line facing couples 3 and 4 in opposite line.

1. Advance and Retire (8 meas.) Couples 1 and 2 holding hands in line and couples 3 and 4 in opposite line, advance and retire twice.
2. Couples Sidestep (8 meas.) With crossed hands joined in couples, couple 1 sidestep to L in front of couple 2 who at the same time sidestep to R, using a 7 and two 3's. Couples 3 and 4 do same thing at same time (4 meas.). Couple 1 returns to position sidestepping behind couple 2, while couples 2, 3 and 4 also return to position with a 7 and two 3's (4 meas).
3. Star and Swing (8 meas) Inner 4 (M1, W2, M3, W4) join R hands in center and move CW, using promenade step, for 4 meas, and back with L hand star CCW into position again, 4 meas. At same time outside 4 (W1, M4, M2 and W3) swing in couples, using swing #2 (8 meas).
4. Advance and Through (8 meas) All back in position, join hands as at start, advance and retire once (4 meas). Advance again and couples 3 and 4 pass individually under raised hands of couples 1 and 2, passing to R of opposite person. Meet next group to repeat dance (4 meas).

-- presented by Una O'Farrell

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