

## Islandsk Skottis (Iceland)

Islandsk Skottis (schottische from Iceland) is danced in Norway, but is purported to have come from Iceland. This dance was taught at workshops in 1977 by Alex Cordray, who learned it in Norway from participants in the Noregs Ungdomslag Teacher Training Course, Fana 1976. Because it was learned from Norwegians, it tends to have a rather Norwegian styling. Gordon Tracie presented a shorter version of this dance at the 1953 and 1964 University of the Pacific Folk Dance Camp, which he learned from an Icelandic exchange student studying in Seattle.

MUSIC: Record: Any reinlender on a gammaldans record.  
2/4 meter

FORMATION: Cpls facing LOD, W to M R, in Varsouvienne pos with thumb grasp.

Thumb grasp: Face ptr and put out R hand as if to shake hands; lock thumbs and place fingers over ptr wrist. Join L hands under R in same manner. Turn to stand side-by-side and raise R hands so that R arm goes behind W head (in Varsouvienne pos).

STEPS and Reinlender change-of-step (Schottische): Step on L (ct 1); step on R beside L (ct &); step on L (ct 2); hop on L (ct &). Step alternates.

STYLING: Reinlender step-hop (2 per meas): Step on L (ct 1); hop on L (ct &); repeat with R ft (cts 2, &).

Each step in Norwegian dancing has a springy down-up feeling. Both M and W begin with L ft.

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MUSIC 2/4

PATTERN

Measures

INTRODUCTION Depends on record used.

I. FORWARD

1-2 Both beg L, dance fwd in LOD with 2 reinlender change-of-steps.

3-4 Dance 4 reinlender step-hops moving fwd.

CHORUS

5 M raise R arm over W head turning her 1/2 CCW to face him, release L hands and dance one reinlender change-of-step to own L, M twd ctr, W away from ctr. (Cross slightly behind on second step.)

6 Dance one reinlender change-of-step to own R, M moving away from ctr, W twd ctr. Change hands by joining L over R in thumb grasp in passing and then release R hands.

7-8 Join R hands over L in thumb grasp and do 4 reinlender step-hops turning in place as a cpl once CW. At end of meas 8 both face LOD as M lifts R arms to Varsouvienne pos in thumb grasp.

II. FORWARD AND WOMAN TURNS

1-2 Repeat action of Fig I, meas 1-2.

3-4 Release L hands and M move fwd with 4 reinlender step-hops, while he assists W as she turns CW twice with 4 reinlender step-hops.

CHORUS

5-8 To prepare for Chorus, W turns another 1/2 CW and ptrs resume thumb grasp with R hands as they repeat action of CHORUS, Fig I, meas 5-8.

III. FORWARD AND BACKWARD

1-2 Repeat action of Fig I, meas 1-2.

3-4 M and W each turn 1/2 CW without changing places, to reverse Varsouvienne pos ( R hands joined in front, L hands joined behind W head in thumb grasp) and dance 4 reinlender step-hops bkwd in LOD.

CHORUS

5-8 To prepare: Release L hands and M raise R arm over W head. Both turn 1/2 CCW and W makes another turn 1/2 CCW. Repeat action of Chorus, Fig I, meas 5-8.

Repeat dance from the beginning.

