

ISRAEL, ISRAEL  
(Israel)

Israel, Israel is modern Chassidic im tempo and was choreographed by Shlomo Bachar.

RECORD: I Remember, Hadarim IV, Side B, Band 5.

FORMATION: Circle, facing ctr, shldr hold.

STEPS: Grapevine Step (Mayim Step): Cross R over L (ct 1), step L to L (ct 2), step R behind L (ct 3), step L to L (ct 4)

---

MUSIC 4/4

PATTERN

---

Cts.

INTRO: 8 cts (2 meas)

FIG. I.

- 1-2 Crossing R over L step-hop, swing L leg to L.
- 3-4 Step-hop on L next to R, swing R leg to R.
- 5-8 Do 4 Grapevine Steps to L.
- 9-16 Repeat cts 1-8.

FIG. II.

- 1-4 Do 4 Grapevine Steps to L.
- 5-8 Facing CW (RLOD) and raising head high, stamp R, hold, stamp R, hold.
- 9-12 Releasing arm hold, turn twice CW, moving to own R stepping R,L,R,L. End facing ctr.
- 13-16 With ft slightly apart, jump, hold, jump, hold. Hands are extended slgthly away from body approx waist high, palms down and parallel to floor.

FIG. III.

- 1 Facing ctr, leap bkwd on R and raise L knee up - lean slightly bkwd. Arms are raised fwd in the Chassidic movement (hands are held out from body approx shldr high, palms twd chest, thumbs tucked in and L hand is slightly higher and further away than R). Look at hands.
- 2 Close L to R, while lowering arms, straighten head.
- 3-4 Repeat cts 1-2.
- 5-6 Leaning R on bent legs, step R to R. Arms are raised to R in the Chassidic movement (R hand is slightly higher and further away than L). Look at higher hand.
- 7-8 Repeat cts 5-6, reversing ftwk, hand and direction.

*Continued...*

FIG. III., Cont'd.

- 9-12 Joining hands in down pos and moving into the ctr of the circle, step-hop fwd on R, crossing L over R do a step-hop. Release hands on last ct.
- 13-16 Step bkwd on bent legs R,L,R,L. Arms are raised fwd in the Chassidic movement (both hands are side by side and held at the same level).
- 17-32 Repeat cts 1-16.

FIG. IV.

- 1-2 Facing ctr with hands joined and down, stamp R beside L while turning head to R, hold.
- 3-4 Repeat cts 1-2.
- 5-8 Releasing hands and stepping R,L,R,L turn CW (to own R) once in place. Arms are raised fwd in the Chassidic movement (R hand is slightly higher and further away than L).
- 9-12 Repeat cts 1-4.
- 13-16 In place do 4 Scissors Steps (leap onto R and kick L fwd, leap onto L and kick R fwd, repeat).
- 17-32 Repeat cts 1-16.

Repeat dance 3 more times.

Finish dance by doing a Grapevine Step to L.

Presented by Shlomo Bachar

West Hollywood Playground Institute, June 1974