

1972 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

İSTE HENDEK (ēesh-tēh hēn-dēk)
(Turkey)

Introduced by Bora Özkök

SOURCE: This dance, from eastern Turkey, was learned by Bora Özkök from the University of İstanbul Ethnic Dancers in 1970.

RECORD: BOZ-OK 101, side 1, band 1

FORMATION: Mixed lines, hands clenched, arms straight down at sides, bodies touching. Short lines (no more than ten).

STEPS AND STYLING: Leader calls steps, usually in order. Each line should be very tight and straight and move as a unit.

2/4

PATTERN

measures

STEP I

- 1 Facing LOD, step R (ct 1), step L (ct 2)
- 2 Face ctr and step R (ct 1), bending body bwd, bend L leg at knee and place L foot behind R calf (ct 2).
- 3 Moving bwd, step L (ct 1), step R (ct 2).
- 4 Step bwd on L next to R and bend knees and bend body bwd (ct 1), straighten and bounce twice quickly on both feet (cts 2&).

VARIATION I

- 1 Repeat meas 1, step I
- 2 Keeping R leg stiff in front, hop twice on L (cts 1&), face ctr and step on R (ct 2), bend L knee and place L foot behind R calf while bending bwd (ct &).
- 3-4 Repeat meas 3-4, step I.

STEP II

- 1 Repeat meas 1, step I
- 2 Face ctr and step on R (ct 1), bending slightly fwd and bending and lifting L leg slightly in back, chug bwd on R (ct 2).
- 3-4 Repeat meas 3-4, step I.

VARIATION II

- 1 Repeat meas 1, step I
- 2 Hop twice on L, keeping R leg stiff in front (cts 1&), face ctr and step R (ct 2), chug bwd on R, leaning fwd slightly and lifting and bending L leg slightly in back (ct &).
- 3-4 Repeat meas 3-4, step I.