

# İşte Hendek - Turkey

Line dance, arms in V-position. Dancers should stay very close. Meter 4/4

## Measure Count Step

### Part I

- 1 1-4 Facing diagonally R, but moving in LOD, step forward on R foot (1), step forward on L and pivot to face center (2), step on R foot across L foot so that R heel is almost touching L little toe (3), sharply bend backwards at waist while bringing L instep behind R calf (4). Giving a sharp yell of UH on this beat is definitely optional.
- 2 1-4 Step backwards on L foot (1), step backwards on R foot (2), step backwards on L foot (3), close R foot to L foot and bounce on both feet (4), bounce again and transfer weight to L foot (&).

### Part II

- 1 1-4 Facing diagonally R, but moving in LOD, step forward on R foot (1), step forward on L foot (2), hop on L foot and pivot partially towards center (3), hop on L foot again and pivot to face center (&), step on R foot across L foot so that R heel is almost touching L little toe (4), sharply bend backwards at waist while bringing L instep behind R calf (&).
- 2 1-4 Step backwards on L foot (1), step backwards on R foot (2), step backwards on L foot (3), close R foot to L foot and bounce on both feet (4), bounce again and transfer weight to L foot (&).

### Part III

- 1 1-4 Facing diagonally R, but moving in LOD, step forward on R foot (1), step forward on L and pivot to face center (2), step on R foot next to, but on the L side of, the L foot (3), keeping weight mostly on R foot, chug backwards (4).
- 2 1-4 Step backwards on L foot (1), step backwards on R foot (2), step backwards on L foot (3), close R foot to L foot and bounce on both feet (4), bounce again and transfer weight to L foot (&).

### Part IV

- 1 1-4 Facing diagonally R, but moving in LOD, step forward on R foot (1), step forward on L foot (2), hop on L foot and pivot partially towards center (3), hop on L foot again and pivot to face center (&), step on R foot next to, but on the L side of, the L foot (4), keeping weight mostly on the R foot, chug backwards (&).
- 2 1-4 Step backwards on L foot (1), step backwards on R foot (2), step backwards on L foot (3), close R foot to L foot and bounce on both feet (4), bounce again and transfer weight to L foot (&).

*Conf.*

The dance is always done in the order Part I, II, III, IV. The number of times each step is done is determined the leader, who calls the change of step by saying "getch getch."

- [Main Menu](#)
  - [Folk Dance Index by Country](#)
  - [Folk Dance Index - I](#)
- 

*Bob Shapiro*

*(785) 286-0761*

*[rshapiro11@cox.net](mailto:rshapiro11@cox.net)*

*Copyright © 2003, Robert B. Shapiro*

*URL: <http://www.recfd.com/>*