

RESEARCH COMMITTEE: Miriam
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ITI M'LVANON (*Come With Me From Lebanon*)

(Israel)

This is a couple dance in Yemenite style. It was presented at the 1952 Folk Dance Camp at the College of the Pacific, Stockton, California, by Dvora Lapson. The dance was composed by Rivka Sturman in answer to a need felt by the younger Israeli folk dancers for a social type of folk dance.

MUSIC: Record: Arzi R-307-1, "Iti Milvanon" from Song of Songs. Music by Nira Chen of Ein Harod.

FORMATION: Couples all facing CCW with W on M's R. Partners hook little fingers of L hand, M's R arm around W's waist; W's R arm at her side.

STEPS: Yemenite three step, running step*, hopping*, three-step turn*.

MUSIC 4/4	PATTERN
Measures cts. 4 &	Introduction. Hold. (The Yemenite three step begins with a two-beat hold).
A 1	I. YEMENITE THREE STEP AND FACE PARTNER One Yemenite three step to L: M and W step to L side with L ft. (ct. 1); step in place with R ft. (ct. 2); cross L ft. in front of R ft. (ct. 3); Hold (ct. 4).
2	Cross R ft. in front of L (ct. 1), hold (ct. 2); step back into place with L ft. (ct. 3); close R ft beside L (ct 4), rise on ball of R ft (ct &), and
3	M and W cross L ft. in front of R (ct. 1); M steps slightly bwd. with R ft. (ct. 2); step back onto L (ct. 3) and hop on L (ct. 4) (lifting R ft. about 12" from floor and pointing it twd. partner). Simultaneously W steps fwd. R (ct. 2), turning CCW (back to LOD) to face partner as she steps bwd. on L (ct. 3), hop on L ft. and lift R ft. pointing it twd. partner (ct. 4). Note: Partners little L fingers remain joined throughout this step. As W turns with back to LOD M remains facing CCW.
4	M steps fwd. R twd. partner (ct. 1); step L ft. beside R (ct. 2); cross R ft. in front of L (ct 3), and hold (ct 4 &). Simultaneously W steps R fwd twd partner (ct 1), step on L turning CW to finish beside partner (ct. 2), and close R ft. to L ft. (ct. 3) (M now puts his R arm around W's waist), hold (ct 4). Note: When W becomes proficient in doing Meas. 4 she may also cross R ft. in front of L (ct. 3).
A 1-4 repeated	Repeat action of Fig. I, meas. 1-4.
B 5-6	II. YEMENITE THREE STEP AND RUNNING STEP Repeat action of Fig. I, meas. 1 and 2.
7	Both move fwd. with 3 light running steps L, R, L lifting on ball of L ft. on last running step (ct. 1, 2, 3); and holding lift (ct. 4).
8	One Yemenite three step beginning R: Both M and W step on R with R ft. (ct. 1); step in place with L ft. (ct. 2); cross R ft. in front of L ft. (ct. 3), hold (ct. 4).
B 5-8 repeated	Repeat action of Fig. II, meas 1-4.

ITI M'LVANON (Continued)

MUSIC 4/4		PATTERN
<i>III YEMENITE THREE STEP AND THREE-STEP TURN</i>		
A	1-2	Repeat action of Fig. I, meas. 1 and 2.
	3	Partners drop hands keeping them poised; take 3 small steps, both turning CW once around in place L, R, L (ct 1, 2, 3). (Partners continue to look at each other as they turn). Hold (ct. 4).
	4	Rejoin hands and repeat Yemenite three step to R (Fig. II, meas. 8).
A	1-4 repeated	Repeat action of Fig. III, meas. 1-4.
<i>IV. YEMENITE THREE STEP AND CROSS OVER</i>		
B	1-2	Repeat action of Fig. I, meas. 1 and 2.
	3	Little fingers of L hand are hooked and R arm is free; both are facing CCW. Repeat action of Fig. I, meas. 3 with M swinging W across in front of him so that she finishes with her back to center of room. As M takes his step he turns to face partner and finishes with his back to wall.
	4	Repeat action of Fig. I, meas. 4 with W crossing back to partner's R. Both are now facing CCW.
B	1-4 repeated	Repeat action of Fig. IV, meas. 1-4.
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