

ITI M'LVANON

Iti M'lvanon (EE-tes-m'lvah NCHN) translated to mean "Come With Me From Lebanon", is a couple dance in Yemenite style. It was choreographed by Rivka Sturman in answer to a need felt by the younger Israeli folk dancers for a social type of folk dance. The music was composed by Nira Chen and the lyrics are from the Song of Songs IV, 8.

MUSIC: Records: Arzi R 307-1 (no introductory music) ct 4 & only  
EKL LP 186-A: Hora (2 meas and 4 &)

FORMATION: Couples face CCW. W on M's R. Partners hook little fingers of L hand, M's R arms around W's waist; W's R arm at her side.

STEPS AND STYLING: Yemenite (See Ma Na'avu); run, hop, three-step turn.

MUSIC 4/4

PATTERN

Measures

2, ct 4 & INTRODUCTION: No action

I. YEMENITE and FACE PARTNER

- A 1 One Yemenite step L.
- 2 Step fwd in LOD on R (ct 1), hold (ct 2); step L in place (ct 3); close R beside L (ct 4) rising on ball of R (ct &).
- 3 M and W step on L dia across R (ct 1). M steps slightly bwd on R (ct 2), step sdwd on L 1/4 turn CW to face ptr (ct 3), hop on L lifting R about 12" from floor and extending toe twd ptr (ct 4). Simultaneously W steps fwd on R turning CCW to face M (ct 2); facing ptr W steps bkwd on L (ct 3), hop on L and lift R, pointing toe twd ptr (ct 4).

Note: Little fingers remain joined throughout this step.

- 4 M steps fwd R twd ptr (ct 1) turning to face LOD; step L beside R (ct 2), step R across L (ct 3), hold (ct 4). Simultaneously W steps fwd R twd ptr (ct 1), step on L turning CW to finish beside ptr (ct 2), step R slightly across L (ct 3), hold (ct 4). M puts his R arm around W waist as she steps beside him. Meas 4 is performed with the same style and quality as a Yemenite step.

A 1-4 repeated Repeat action of meas 1-4, Fig I.

II. YEMENITE and RUNNING STEP

- B 5-6 Repeat action of meas 1-2, Fig. I.
- 7 Both move fwd LOD with 3 light running steps (LRL) lifting on ball of L ft on last step (ct 1 2 3), hold the lift (ct 4).
- 8 One Yemenite step R.

B 5-8 repeated Repeat action of meas 1-4, Fig II.

III. YEMENITE and THREE-STEP TURN

A 1-2 Repeat action of meas 1-2, Fig I.

*Continued...*

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- 3 Ptrs drop finger-hold pos but keep hands poised in finger-hold pos. Both make a small circle in place C with 3 small steps (LRL) (ct 1 2 3). Ptrs glance at each other as they turn. Hold (ct 4).
- 4 Rejoin in finger-hold pos and dance one Yemenite step R.
- A 1-4 repeated Repeats action of meas 1-4, Fig. III.
- IV. YEMENITE and CROSS OVER
- B 1-2 Repeat action of meas 1-2, Fig. I.
- 3 Little fingers of L hand remain hooked; R arm is free. Repeat action of meas 3, Fig I with M swinging across in front of him so that she finishes with her back to ctr of room. As M takes his first step he turns to face ptr and finishes with his back to wall.
- 4 Repeat action of meas 4, Fig. I with M crossing back to ptr's R. Both are now facing LDD (DDL).
- B 1-4 repeated Repeat action of meas 1-4, Fig IV.