

Ivanovo Oro


(Macedonian style)

TITLE TRANSLATION: Ivan's Dance. Ivan is a Slavic man's name. This dance was dedicated to Ivan Despotović, Ciga's father, and was choreographed after his movement styling.

PRONUNCIATION: ee-vah-NOH-vo OHR-o

CHOREOGRAPHY: Ciga & Ivon Despotović.

MUSIC: "Born Of Love" Hakketoon CD 1997.1055, #16.

METER: 11/16 counted as Q,Q,S,Q,Q. 

FORMATION: Open circle or line. M and W in separate lines. M dance in ctr with arms in T-pos, W behind the M with arms in W-pos.

Meas

Ct

Pattern

Introduction: 2 meas.

Basic Figure

Note: W dance modestly, ft stay close to the ground; M dance with big movements and high leg lifts.

1	Q,Q	Step R on LOD.
	S	Slightly raise R heel and bounce down on R leg, swinging L leg from L across R with bent knee and straightening L knee in the end.
	Q	Step on ball of L ft across R.
	Q	Step bk on R ft, lifting L knee.
2	Q,Q	Step L across R, lifting R ft behind L ankle.
	S	Turn on L in pl to face ctr, raising R knee fwd.
	Q,Q	Step R in pl, lifting L ft next to R ankle.
3	Q,Q	Touch L ft fwd.
	S	Raise L knee fwd, bouncing on R leg.
	Q,Q	Hold.
4	Q	Step L bkwd and slightly to L.
	Q	Step R sdws to R.
	S	Step L across R, turning to face LOD.
	Q	Bounce on L, raising R ft just under L calf with R knee turned out.
	Q	Hold.

Variation 1 - For M & W

1-2		As in Basic Figure.
3	Q	Touch L ft fwd.
		W yell, "iiiiii-" (pronounce: eeeee)
	Q,S	Hold.
		W yell. "ha!" (pronounce Chah, ch as in Loch Ness).
	Q,Q	Hold
4		As meas 4 of Basic Fig.

Variation 2 - Squats for M

1		As meas 1 of Basic Fig.
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2 Q Step L across R, lifting R ft behind L ankle.
 Q Turn on L in pl to face ctr, raising R knee fwd.
 S Bounce on L in pl, raising R knee to 90⁰ angle.
 Q Drop to squat on both ft, knees slightly turned out.
 Q Come back up, lifting L ft.
 3-4 As meas 3-4 of Basic Fig.
 IVANOVO ORO, pg 2

<u>Meas</u>	<u>Ct</u>	<u>Pattern</u>
		<u>Variation 3 for M With Jump - Squat</u>
1		As meas 1 of Basic Fig.
2	Q	Step L across R.
	Q	Take off from L leg.
	S	Big jump in LOD, pulling ft up under legs.
	Q,Q	Land on both ft in squat pos, and bounce back up.
3-4		As meas 3-4 in Basic Fig.

Dance Sequence:

The line leaders call the variations at will. The men's jump variation #3 is done during the second part of the dance when the music speeds up.

Original dance notes by Ivon Despotović-Eschweiler.
 Dance notes translated and adapted by Thea Huijgen.
 Dance presented by Thea Huijgen.