

JAMBOLSKO PAJDUŠKO HORO
(Bulgaria-Thrace)

YAHM-bohl-skoh Pie-DOUCHE-koh Ho-ROH

Source: Michel Cartier, Montréal as learned in Bulgaria 1957.
Music: Any "Paidushko" tune or Folk Dancer MH-3052
Meter: 5/16 counted here as 1-2, 1-2-3 or 1-2 or quick-SLOW
Formation: Mixed lines, hands joined down at sides. Open circle.
Wt on L ft, face slightly R of ctr.
Style: Thracian dances are rather "heavy" with a marked knee-bend throughout dance. Steps are fairly big.

Measure	PATTERN
1	Hop on L ft (1) step to R onto R ft (2)
2	Hop on R ft (1) step to R onto L ft (<u>2</u>)
3	Same as meas 1 but turn to face ctr on ct 2
4	Facing ctr, cross L ft slightly in front of R ft (1) step onto R ft in place (<u>2</u>)
5	Facing ctr, hop on R ft ; simultaneously extending L leg straight fwd close to ground (1) do a "scissor- step" i.e: change wt to L ft simultaneously extending R leg fwd straight close to ground (<u>2</u>)
6	Two more "scissor-steps" (R-L)
7-8	Two "reeling hop-steps" (hop L, hop R) moving slightly bkwd.

Dance repeats from beginning

ARM MOVEMENTS:

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| 1 | Arms are straight down at sides and start pushing straight upwards on ct. 1 (1) they start pushing down and bkwd on (ct 2) |
| 2 | Arms continue pushing bkwd and straight on (ct 1) and start pushing fwd and upward on (ct 2) |

Directions by Yves Moreau