

Folk Dance Federation of Calif. Research Committee: Larry & Ruth Miller

JANET'S DELIGHT

(Scotland)

MUSIC: Record: Waverly 45 RPM, ELP 117, Side 2, Band 2  
or any other suitably phrased Scottish waltz.

FORMATION: 4 cpls in square formation, W on M R, inside hands  
joined with ptr at shoulder height, outside hands held  
freely at sides.

STEPS: Waltz\*, Waltz Balance\*

\*Described in Volumes of Folk Dances from Near and  
Far published by Folk Dance Federation of California,  
Inc., 1095 Market St., San Francisco, California

MUSIC: 3/4

Meas.

Chord INTRODUCTION. M bow, W curtsey.

A I. FWD, BACK AND DOS-A-DOS

1-2 Beginning R, all dance 2 waltz steps fwd twd ctr of square.  
3-4 Dance 2 waltz steps backing up into place.  
5-8 Release hands, face ptr and dance a R shoulder dos-a-dos  
around ptr with 4 waltz steps.

A repeated

1-4 Turn individually to face corner and dance 2 waltz steps  
fwd twd corner and then 2 more backing up into place.  
5-8 Dance a R shoulder dos-a-dos around corner with 4 waltz  
steps.

B II. W TO CTR AND VISIT

9-10 W go to ctr and form a R hand star or wheel by joining  
R hands with opp in a normal handshake hold at about  
shoulder height with an easy tension in the arms. In  
this formation turn 1/4 CW with 2 waltz steps. Simul-  
taneously M dance individually in place turning 1/4  
CW and then moving very slightly fwd.

## JANET'S DELIGHT (Cont)

- 11-12 M join L hands in handshake hold at shoulder height with original R hand W coming out of ctr and turn 3/4 CCW with 2 waltz steps.
- 13-16 Repeat action of Fig. II, meas. 9-12. M make individual circular pattern 1/4 CCW during first 2 meas. and then turn original opp with L hand 3/4 CCW.

B repeated

- 9-16 Repeat action of Fig. II, meas. 13-16 twice finishing with original ptr. Release hands and M turn 1/2 CCW.

C III. BALANCE IN, OUT AND W PROGRESS

- 17-18 All join hands and dance 1 waltz balance fwd twd ctr and another bkwd out of ctr.
- 19-20 M dance in place and lead ptr across in front of him to finish at his L side as W turn once CCW with 2 waltz steps.
- 21-24 Repeat action of Fig. III, meas. 17-20 to finish with W in opp pos, having progressed halfway around the square.

C repeated

- 17-24 Repeat action of Fig. III, meas. 17-24 to finish in original places.

D

- 25-32 Repeat action of Fig. III, meas. 17-24 and 17-24 (repeated) again, but this time W progress to R (CCW) around the square by crossing in front of corner M as they turn once CW.

D repeated

E IV. WALTZ PROMENADE

- 33-36 In promenade pos facing CCW around the square promenade fwd a quarter of the way around to finish in next place with 3 waltz steps. On the 4th waltz step M cross in front of ptr to finish on W R, cpls facing ctr to "square the set."

## JANET'S DELIGHT (Cont)

37-40 With W on inside cpls face CCW again and promenade fwd another quarter of the way around with 3 waltz steps. On 4th waltz W cross over in front of ptr to finish on M R, cpls facing ctr.

E repeated

33-40 Repeat ation of Fig. IV, meas. 33-40 to finish in original place.

V. CLOSED WALTZ

F

41-48 In closed pos cpls dance 16 waltz steps once around the square turning CW and progressing CCW.

F repeated

41-48

Chord M bow, W curtesy.

Presented by C. Stewart Smith