

# Janino

Macedonia

This dance is from Negotina, Kavadarci area. It is done on many occasions, wedding, picnic, Slava etc.

FORMATION: Mixed line or open circle with "W" hold.

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METER: 4/4

PATTERN

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Meas

## Part 1

- 1 Facing ctr., Slight lift on L (ct. 1); Step on R to R (ct.2); Step on L behind of R (cts.3,4)
- 2 Step on R to R (cts. 1,2); Lift on R and bring L knee up in front (cts.3,4)
- 3 Slight leap on L fwd (ct.1); Step on R next to L (ct.2); Step on L fwd (ct.3); Hold (ct.4)
- 4-6 Repeat Meas. 1-3 but Meas.4, cts. 1,2 Step on R diag. to R back
- 7-9 Repeat Meas.4-6
- 10 Repeat Meas.4
- 11 Lift on L and bring R knee up in front (cts. 1,2); Step on R next to L (cts.3,4)
- 12 Lift on R (ct.1); Step on L next to R (ct.2); Step on R in place (ct.3); Hold (ct.4)

## Part 2

- 1 Facing ctr., Slight lift on R (ct.1); Step on L behind and bring arms down (ct.2); Step on R to R and face to R (cts.3,4)
- 2 Step on L fwd and bring arms up back to "W" hold (cts.1,2); Lift on L and turn L to face RLOD (cts.3,4)
- 3 Small steps R, L, R fwd (cts. 1,2,3); Hold (ct.4)
- 4 Slight lift on R (ct.1); Step on L bkwd (ct.2); Step on R to R and face ctr. (cts.3,4)
- 5 Lift on R, bring L knee up in front (cts. 1,2); Step on L in place (cts.3,4)
- 6 Step on R, L, R in place (cts. 1,2,3); Hold (ct.4)
- 7-11 Repeat Meas.1-5
- 12 Slight hop on L (ct. 1); Step on R next to L (ct 2); Step on L in place (ct.3); Hold (ct.4)

## Part 3 ("V" hold)

- 1 Facing diag. to R, Step on R, L, R fwd (cts. 1,2,3); Hold (ct.4)
- 2 Step on L fwd (cts. 1,2); Lift on L, bring R next to L calf (cts.3,4)
- 3 Repeat Meas. 1
- 4-6 Repeat Meas. 1-3 with opp ft.

*Dance description by Fusae Senzaki, © 1997 by Fusae Senzaki  
Presented by Atanas Kolarovski at the Laguna Folkdancers Festival 2002*