

Good one

YANKINATA

yankias dance

This dance, presented by Marcus Moskoff, is from the repertoire of Ensemble Trakiya from Plovdiv, Bulgaria.

Record: "M. Moskoff Introduces Song and Dance of Bulgaria" Vol. I "Yankinata"
Music: 11/16 (quick, quick, slow, quick, quick)
Formation: Lines with belt hold.

MEAS. PATTERN "INTERLUDE"

- 1 Facing and moving R LOD, step fwd. on R ft. (ct. 1), step fwd. on L ft. (ct. 2), step fwd. on R ft. (ct. 3), hop on R ft. while lifting L ft. (ct. 4), step fwd. on L ft. (ct. 5).
- 2 Step fwd. on R ft. (ct. 1), step fwd. on L ft. (ct. 2), step fwd. on R ft. (ct. 3), hop on R ft. in plc., while lifting L ft. (ct. 4), stamp L ft. fwd., taking no weight (ct. 5). *with bent knee and pivoting slightly farther R*
- 3 Step on L ft., pivoting body to face ctr. (ct. 1), stamp R ft. fwd. facing ctr., taking no weight (ct. 2), step on R ft. pivoting body to face R LOD (ct. 3), hop on R ft. in plc., while lifting L ft. (ct. 4), slap L ft. fwd., taking no weight (ct. 5). *with straight knee*
- 4 Still facing R LOD, step bkwd. on L ft. (ct. 1), step bkwd. on R ft. (ct. 2), step bkwd. on L ft. (ct. 3), dance two scissors steps in plc. (R,L) (cts. 4,5) *turning to face fwd and leaving R extended low fwd*
(Repeat meas. 1-4 once again.)

PATTERN "BASIC"

- 1 Facing and moving diag. fwd. R, step fwd. on R ft. (ct. 1), step fwd. on L ft. (ct. 2), step fwd. on R ft. (ct. 3), hop on R ft. while lifting L ft. (ct. 4), step fwd. on L ft. (ct. 5).
- 2 Facing diag. fwd. L, step bkwd. on R ft. (ct. 1), step bkwd. on L ft. (ct. 2), step bkwd. on R ft. (ct. 3), bring L ft. next to R ft. and bounce twice on both feet (cts. 4,5).
- 3-4 Repeat action of meas. 1-2 but with opposite ftwrk. and direction.
(Repeat meas. 1-4 once again)

Presented by Marcus Holt Moskoff