

FIGURE 8

In ballroom position slide in continuing counter-clockwise direction 6 times and on 2 counts ladies pivot under men's R arms; repeat figure.

FIGURE 9

In Russian position pas-de-basque R and L; ladies pivot under arms keeping hands joined while men step R, L; repeat with ladies pivoting back L to same position; repeat entire figure.

FIGURE 10

Russian position - skip backwards clockwise 16 steps and polka turns forward 8 measures and on final chord pose with ladies outside circle.

Side 2, Band 1

SYRBA

(Moldavia)

A dance having many melodies and step variations.

Below are a few traditional steps arranged for the music presented. Sources both in this country and in the Rumanian-Moldavian area, approved the arrangement and melody. This Syrba is danced in couples.

FORMATION Circle of couples, W on M's left. Hands are on each others shoulders. All start with R foot. There is an introduction to the dance.

Part 1

Part 1 is danced 5 times. Step R ft to side, L behind R, step on R ft and throw L ft fwd, bending slightly, leap onto L ft and throw R ft fwd, with a slight bend of the body. Continue step for 4 more times, 5 times in all, then stamp R ft twice next to L.

Part 2

Part 2 is danced 2 times in all. Step R to side, L behind R, R to side, Hop R, swing L fwd. Step L across R, hop L, TURN, and face to the L. Now, moving to the L, do 3 steps, R,L,R, Hop R, step and hop L ft moving slightly bwd, and stamp R,L,R. in place. Start step again with R ft.

Part 3

Part 3 is danced 4 times. Step R to side, L behind R, R to side, L behind R. Dance 2 quick "Threes in place", (RLR,LRL). Formation now breaks up into couples, who whirl around in place counterclockwise with 8 quick steps. Formation is then resumed and part 3 is danced again. Do Part 3 four times in all, breaking and resuming formation each time.

SEQUENCE OF THIS DANCE IS: Part 1,2,3,2,1,2,3,2,1,2,3

Side 2, Band 2 HORA (Moldavian)

A dance with over 3,000 variations and names. The dance described is a collection of steps arranged to the music. Sources from both here and in Moldavia assisted in the approval of the arrangement.

FORMATION - A circle of dancers, hands joined. Circle can be open or closed. If open, leader is at right end.

Part 1

8 Measures. Moving to R, step R to side, L behind R, R to side, hop R swinging L over R. Moving to L, step L to side, R behind L, L to side, hop L swinging R over L. Move fwd toward center, step R, L,R, hop R swinging L over R. Move Bwd away from center, step L,R,L, hop L, and STAMP R foot next to L.

REPEAT PART 1 AGAIN 3 TIMES, 4 TIMES IN ALL.

Part 2

8 Measures. Moving to R, R to side, L behind R, R to side, hop R, swing L over to R. Step L to side, R behind L, L to side, hop L, swing R over L, step R to side, L behind R, R to side, hop R, swing L over R, AND, step and hop L, swinging R over L. FLICK THE R FOOT IN AIR TWO TIMES, THEN STAMP R IN PLACE TWO TIMES.

(Count is R,L,R hop, L,R,L, hop, R,L,R hop, Left hop, Flick, Flick, and Stamp, Stamp)

REPEAT THIS STEP ONE MORE TIME, 2 TIMES IN ALL.

Part 3

8 Measures. Part 3 is done a total of 4 times. One sequence takes 8 measures of music. Entire sequence takes 32 measures.

Step R to side, L behind R, R to side, hop R, swinging L fwd. Hop 2 more times on R foot, brushing L ft bwd and fwd. Step L to side, R behind L, L to side, hop L, swinging R ft fwd. Hop 2 more times on L, brushing R ft bwd and fwd. Then step R to side, L behind R, and step in place quickly R,L,R.

Repeat step again, starting to left with left ft. Step L to side, R behind L, L to side, hop L, hop on L 2 more times, brushing R bwd and fwd etc.....

Part 4

8 Measures. Step R to side, L behind R, R to side, hop R, swing L over R. Step L to side, R behind L, L to side, hop L, swing R over L. THEN: Flick R ft in air 2 times and stamp R ft 1 time, Flick R in air twice, stamp R ft in place twice, Flick R ft in air 2 more times, PAUSE for 2 quick counts, and stamp R in place 3 times.

REPEAT PART 4 ONCE MORE, 2 TIMES IN ALL.

Side 2, Band 3 MOLDAVIAN ROUND DANCE

This type of dance is typical of the Moldavian people. Its easy tempo makes an ideal dance for any occasion. Below is a suggested arrangement of traditional steps for the music used. There are many types of Round Dances in Moldavia, this being somewhat slower than the usual variety.

FORMATION - Principally a group dance for 4 couples, but 5 or 6 couples may participate. Opening formation is 2 lines of couples facing each other. Man has his partner on his left. Unless otherwise stated, all figures begin with the R ft.

STEPS USED - Will be noted in directions. Introduction music is played on solo instrument. When other instruments join in, dance is started.

Part 1

Both lines move in a semi-circular direction to their R, with 2 waltz steps, and 3 balance steps, and pause. (4 meas) Both lines move Bwd with 2 waltz steps and 2 balances, keeping time with the music. (4 more meas)

Part 2

Using a waltz step and little skip at the end of each step, the two lines moving to the R, join hands in a circle and circle once around, then breaking again into 2 lines. Entire figure takes 12 measures of music. Timing is important.

Part 3

Girls in each line move toward each other with 1 waltz step and back away from each other with 1 waltz step, then cross over to opposite M who places his L hand around her waist. Girls R hand is on his shoulder, free hands on hips. Together they turn around in place to the L for 4 measures of music. Repeat this part again, returning to partner, and two lines join hands and form a circle. (Entire figure takes 16 measures)

Part 4

Men form a circle on outside, Girls form circle on inside. Men move to their R, Girls to their L, with 8 waltz steps, with a little skip at the end of each step (Same as part 2). Reverse directions for 8 more waltz-skips, ending up by partner. Immediately form a basket, M's hands joined in front, W's joined hands in back of men.

Part 5

In basket formation group moves to the R with 8 waltz-skip steps, then breaks formation, each couple turns in place, as in Part 2, for 8 more measures - 16 measures in all.

Part 6

Hands are joined in a circle, group moves toward center and back with 2 waltz steps (one going in and one going out). Partner on M's left is then brought over to his R with 2 waltz steps, join hands again, move in and out of center and bring girl on M's L over to his R side. Continue this figure 2 more times, 4 times in all, a total of 16 measures being used to finish this figure and the dance.

SUPPLEMENT The above steps and figures represent only a very small number of the steps used in this type of dance. The waltz steps WITHOUT THE SKIP, should be performed in time to the music. When adding the skip, they are performed a little more quickly. The enjoyment is heightened when a group of dancers can work together, watching their spacing and keeping time all together.

KOZAK TANETS

Side 2, Band 4 UKRAINIAN COSSACK DANCE

This is an arrangement of traditional Ukrainian dance steps to fit this music. It was checked and approved by Ukrainian Dancers, Folklore specialists, and Ukrainian Dance teachers. It tells of a story of the women of a small village who are dismayed because their men are off fighting in a war. Suddenly the men return, victorious in their battles, and a victory dance and celebration ensues. There are 2 parts to this dance - slow and fast - the slow part being danced by women only, the fast part by both men and women.

FORMATION - Anywhere from 8 to 14 couples may participate. For the sake of uniformity, W start on R ft, M on L ft.

Slow Part

1. 24 measures. Women enter dance area in single file with 3 slow steps and a point with free foot. (R,L,R,point L) etc. Hands are held alongside of body and mood is sullen. They form a circle, move around, and end by standing in a single line near the place they entered. By watching your spacing between dancers, you can easily time your entrance and finish in the same place.

Fast Part

2. 8 measures. While W do 8 two-steps in place M enter and come alongside their partners, watching spacing and timing. Immediately partners join inside hands (M's R, W's L), M's free hand outstretched, W's free hand across her chest near her neck. Both M and W start with R foot.

3. 8 measures. In this position couples run around the dance area in a circle using a running two-step.

8 measures. Both on same foot for this figure. All leap to the R sidewise on the R ft, touch L in front of R, taking weight, step R in place. (1 meas) Continue doing same with L ft and alternating R and L.

4. 8 measures. Charge fwd on R ft, displace R with L and immediately step R,L,R, in place, (1 measure). Charge fwd on L, displace L with R ft and do 3 quick steps in place, (L,R,L).

8 measures. Side-stepping, partners face each other, hold R hands, L hands on hips, move in a clockwise direction. M start with R, W with L. M step to side with R and tap L foot next to R (no weight). Continue this in LOD, 2 side steps per measure of music.

5. 8 measures. Repeat running step as in 3a.

8 measures. Man places R arm around partner's waist and holds her L with his L. Her L arm is outstretched across his body, her R on her hip. In this position turn around in place, M swinging partners forward and around. (Step is a balance type, slight leap in place with one foot, two more quick steps in place, R & L, etc.)

6. 8 measures. Repeat running step as in 3a. 8 measures. Man faces partner, both have hands on hips. Hop L ft and place R toe beside L heel. Hop again on L, place R heel beside L toe, (1 meas). Leap on R ft and place L toe beside R heel, hop again on R and place L heel beside R toe (1 meas). Continue this step for 6 more measures.

7. 8 measures. Repeat running step as in 3a. 8 measures. Partners separate, M facing W with back to center. While W whirl around in place to their L, M will perform Squat steps vigorously with hands folded in front of chest and held high. (Squat step is to jump to a deep knee bend, balance weight on one foot and extend the other out. Each squat step takes one measure of music.)



Performing the Squat step requires considerable practice, but the more you practice the easier it is to do. Women NEVER do this step - it is a show-off step for the men.

The two steps described in this dance are really a form of polka step, but because of the tempo of the music, dancers and teachers will recognize a two-step more easily and will learn the dance much faster by using the two-step terminology.

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