

Joc Mare

(Moldavia)

This dance is a traditional Moldavian dance where the dancers hold hands in a circle. Joc Mare is popular during wedding celebrations and festivals, and is an essential part of the social entertainment in rural areas. This dance was choreographed by George and Irina Arabagi.

Pronunciation: ZHOHK MAH-reh

Music: 2/4 meter *Ukrainian Dance Workshop, Track 5*

Formation: Mixed circle facing CCW, arms in W-pos.

Steps & Styling: Triple Step: Step fwd R (ct 1); step L next to R (ct &); step fwd R (ct 2). This can be done with opp ftwk and in any direction. All steps are done with arms moving slightly up and down in W-pos.

<u>Meas</u>	<u>2/4 meter</u>	<u>Pattern</u>
1 meas		<u>INTRODUCTION</u> . No action.
	I.	<u>FIGURE I: (CHORUS)</u>
1		Step L diag fwd to L (ct 1); step R diag fwd to L (ct 2).
2		One Triple Step diag fwd starting with L and ending with a deep knee bend on L (cts 1, &, 2).
3		Step R diag bkwd R (ct 1); step L diag bkwd to R(ct 2).
4		One Triple Step (R, L) diag bkwd (cts 1, &), step R diag fwd to R (ct 2).
5-16		Repeat meas 1-4 three times.
	II.	<u>FIGURE II</u>
1		Facing ctr, step L to L (ct 1); step R next to L (ct &); step L in place (ct 2).
2		Still facing ctr, repeat meas 1 with opp ftwk.
3		Facing CCW, step L bkwd to L (ct 1); step R diag bkwd L(ct 2).
4		One Triple Step diag bkwd starting with L.
5-6		Two Triple Steps diag fwd to R, starting with R.
7		Facing ctr, step R diag bkwd to R (ct 1); step L diag bkwd to R (ct 2).
8		One Triple Step in place starting with R.
9-16		Repeat meas 1-8.
	III.	<u>FIGURE III</u>
1		Step L in front of R, arms going into V-pos, and head turned to R (ct 1); step slightly diag bkwd R, arms going into W-pos, head facing fwd (ct 2).
2		One Triple Step in place starting with L.

Joc Mare — continued

- 3 Step R in front of L, arms going into V-pos, head turned to L (ct 1); step slightly diag bkwd L, arms going into W-pos, head facing forward (ct 2).
- 4 One Triple Step twd ctr starting with R.
- 5 One Triple Step twd ctr starting with L.
- 6 Step R to ctr (ct 1); step L in front of R with deep L knee bend, slightly lowering arms and turning head to R (ct 2).
- 7 Step bkwd R with L toes touching floor, head turning to L while arms come up to W-pos (ct 1); step bkwd, R toes touching floor, head turning to R (ct 2) – ('twizzle' step).
- 8 Repeat meas 7.
- 9-16 Repeat meas 1-8 with opp ftwk

Sequence: Fig I, Fig II, Fig I, Fig III, Fig I, Fig II, Fig I, Fig III, Fig I.

Presented by George & Irina Arabagi