

JOKUL MOLDOVANESC

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JOKUL (The Lark) (Moldavia)

Source: At one time all of Moldavia was in Rumania. It is not surprising to find both countries with a dance called "The Lark." Jokul (Zhoke' ule) was learned in Rumania (although this is the Moldavian version) by Anatol Joukowsky and was arranged by him to fit the recordings.

Records: Great Russian Folk Dances--Epic LC3459 Side A, Band 4 "Jok"
Moiseyev Dance Ensemble--Bruno BR 50046 Side B, Band 1
"Zhok"
Music is in 2/4 meter.

Formation: Open or broken circle, leader at R end. Dancers face a little L of LOD with hands joined and held down.

Steps: Grapevine: (1 step to 2 meas) Facing ctr, step to R side on R (ct. 1). Step L across in front of R (ct. 2). Step to R side on R (meas 2, ct. 1). Step L across behind R (ct. 2). Next step would repeat exactly. Each step done with plie' or bend of knee.
Hopping Grapevine: (1 step to 2 meas). Action is same as Grapevine Step except that each step is now a step-hop. Step to R side on R (ct. 1). Hop on R (ct. &). Step L across in front of R (ct. 2). Hop on L (ct. &). Step to R side on R (meas 2, ct. 1). Hop on R (ct. &). Step L across behind R (ct. 2). Hop on L (ct. &).
Running Grapevine: (1 step to a meas). Action is same as Grapevine step except that step is done double time. Because of the speed, steps are not large but knees are lifted high which gives the look of a run. Step to R side on R (ct. 1). Step L across in front of R (ct. &). Step to R side on R (ct. 2). Step L across behind R (ct. &).

<u>Measures</u>	<u>Pattern</u>
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2 meas	<u>Introduction</u>
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I. Walk

1 - 2.	Beg R walk 3 steps in LOD (1 to a ct). Step L behind R so that momentarily dancers face ctr (meas. 2, ct. 2).
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3 - 8	Repeat action of meas 1-2 three more times (4 in all.)
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II. Grapevine

1 - 8	Facing ctr, dance 4 Grapevine Steps beg R.
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III. Hopping Grapevine

1 - 8	Beg R, dance 4 Hopping Grapevine Steps.
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IV. Grapevine

continued...

JOKUL (CONT.)

<u>Measures</u>	<u>Pattern</u>
1 - 8	Beg R, dance 4 Grapevine Steps.
	V. <u>Hopping Grapevine</u>
1 - 8	Beg R, dance 4 Hopping Grapevine Steps.
	VI. <u>Grapevine</u>
1 - 8	Beg R, dance 4 Grapevine Steps.
	VII. <u>Running Grapevine</u>
1 - 8	Beg R, dance 8 Running Grapevine Steps.
	VIII. <u>Hopping Grapevine</u>
1 - 8	Beg R, dance 4 Hopping Grapevine Steps.
	IX. <u>Running Grapevine</u>
1 - 8	Beg R, dance 8 Running Grapevine Steps.

Until end of music, dance now alternates between 4 Hopping Grapevine Steps and 8 Running Grapevine Steps.

Presented by: Anatol Joukowsky
Notes by: Ruth Ruling